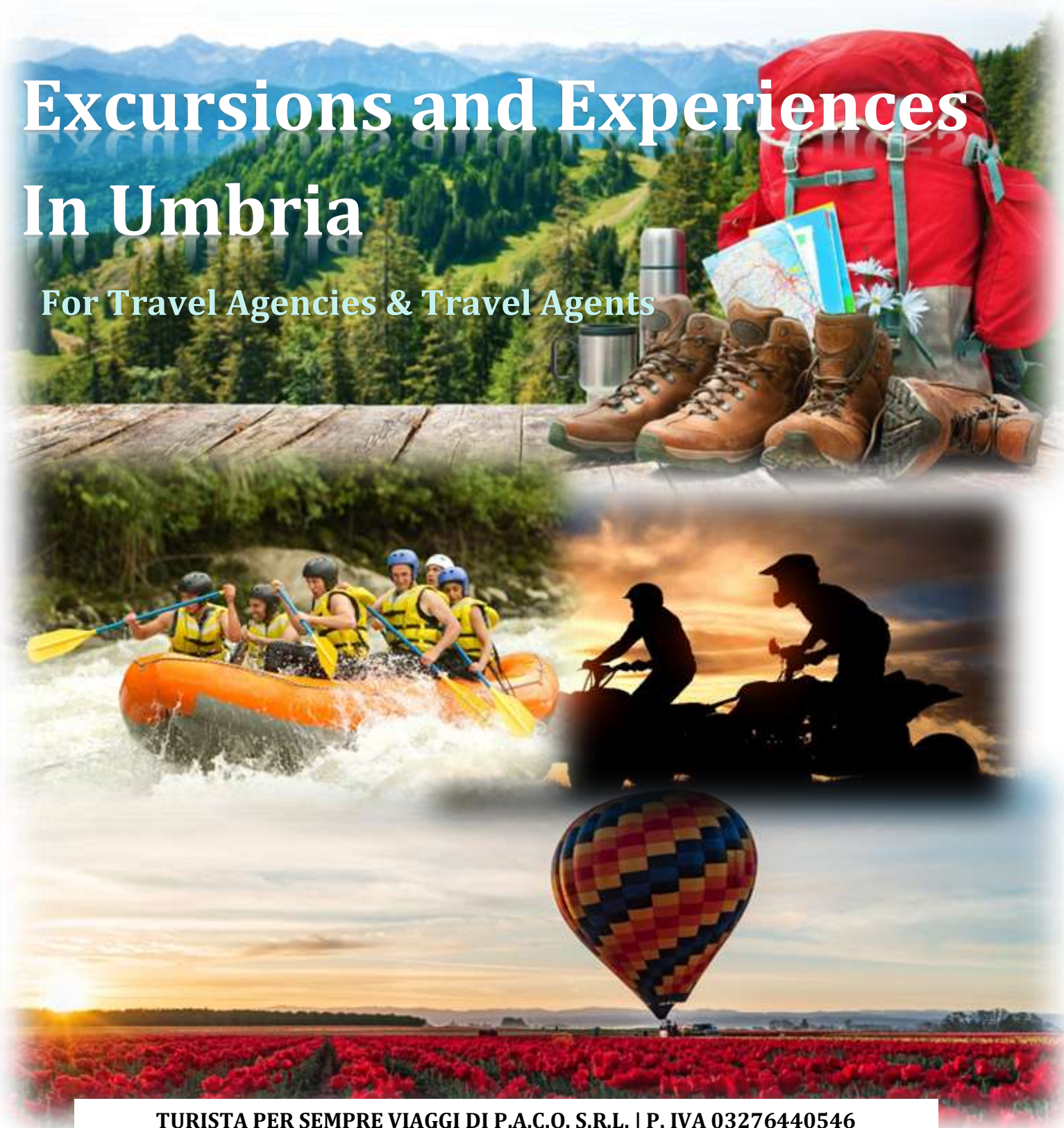




Excursions & Experiences Price List 2026

Excursions and Experiences In Umbria

For Travel Agencies & Travel Agents



TURISTA PER SEMPRE VIAGGI DI P.A.C.O. S.R.L. | P. IVA 03276440546
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Turista Per Sempre Viaggi is an incoming tour operator based in Umbria. The goal of our brand-new project ***Sorprendimi Umbria*** – Surprise me Umbria – is to let travelers experience the unexpected sides of Umbria, Italy. We use our knowledge of the region to create unforgettable holidays that combine **history, art, culture, adventure, traditions, festivals, culinary delights, and fine wines**.

We create **tailor-made packages** (custom vacations, guided tours, themed tours (e.g. history and art, culture and folklore, nature and adventure, food and wine, pilgrimages, relax and wellness, shopping, etc.) **for any traveler** (FIT, individuals, small groups, large groups, seniors, cruises, business, team building, etc.) **at any level** (from economic/moderate budget to luxury), **with any accommodation** (hotels, farmhouses, country houses, apartments, historical houses, castles, private villas) **any experience** (excursions, such as hot air balloon flights, truffle hunting in the woods, cooking lessons, river rafting, trekking and hiking excursions, mountain biking, motor boating, wine tastings, beer tastings, food tastings, vineyard tours by horse and carriage, ATV adventure, skydiving, open-air yoga classes, horse riding, kayaking, airsoft, laser tag, karting, and much more) and **any land service**, such as tour guide, travel insurance, transfers –taxi, car rental, tourist bus, limo–, tickets for events, historical re-enactments, festivals, among others.

We also offer **guided day trips to Umbria from other regions** (Lazio, Tuscany, Emilia Romagna, Le Marche). **“Best of Central Italy”, “Best of Italy,” and “Italy beach holidays”** custom packages are also available.

Our excursions, the emotions they arouse, the restaurants chosen and the raw materials used, have been selected by a team made up of a reliable and well-prepared work group and experts who have been operating in the sector for over ten years with dedication and professionalism. The experiences that you will find in this catalog are unique and refined, capable of satisfying all five senses and have been created with the aim of satisfying every need and making the holiday unforgettable.

Any package, itinerary, experience, or excursion that we propose can be managed to meet specific travel needs or preferences.

TRUFFLE HUNT WITH LUNCH IN THE WOODS

Truffle hunting in Umbria is a centuries-old tradition. Umbria produces the largest number of black truffles in Italy, whose quality is famous all over the world. Truffles are an integral part of Umbrian cuisine and culture. The work of the truffle hunter is a hard work made of deep love for the land, intelligent observation, waiting, and great satisfaction. We will make use of his wise guide, assisted by an incomparable four-legged scout, to learn the secrets of this noble tuber, through a naturalistic itinerary of great beauty. And for those who will still have a few questions at the end of the hunt? Do not worry, the experience will end with a delicious lunch in the wood, with truffle, starter, main course (meat), typical products and wine included that will clear up any doubts!

- *Private service will done at the table with ceramic plates and glasses, the meat is cooked at the moment at sight.*



Type of excursion: Food and wine excursion with tasting/lunch | **Location:** Assisi (PG)

Meeting point: Assisi (PG)

Period of execution: from April to November, every day – subject to availability;

Duration: Half day | **Requirements:** Suitable to everyone | **Minimum participants:** 2 pax – 8 pax

Services included:

- Truffle hunt experience with private tour guide;
- Truffle hunter with his assistant dog;
- Lunch in the wood, with truffle, starter, main course (meat), typical products and wine included;
- Private cook;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

PRICE PER PERSON

- **2 pax (min 2 adults):** € 315,00 per person
- **3 pax – 8 pax:** Adults: € 298,00 | Children under 12: € 70,00 (*children's menu*)

***NB:** Tour in English and Italian; tours in other languages with an extra cost.

TRUFFLE HUNT WITH TASTING IN THE WOODS

Truffle hunting in Umbria is a centuries-old tradition. Umbria produces the largest number of black truffles in Italy, whose quality is famous all over the world. Truffles are an integral part of Umbrian cuisine and culture. The work of the truffle hunter is a hard work made of deep love for the land, intelligent observation, waiting, and great satisfaction. We will make use of his wise guide, assisted by an incomparable four-legged scout, to learn the secrets of this noble tuber, through a naturalistic itinerary of great beauty.



And for those who will still have a few questions at the end of the hunt? Do not worry, the experience will end with a delicious tasting with truffle and other typical Umbrian products – wine included that will clear up any doubts!

- *Buffet tasting of typical Umbrian products, truffles, hot and cold dishes, cured meats, cheese, mixed bruschetta, olive oil and paired wines.*



Type of excursion: Food and wine excursion with tasting/lunch | **Location:** Assisi (PG)

Meeting point: Assisi (PG) | **Period of execution:** from April to November, every day – subject to availability;

Duration: Half day | **Requirements:** Suitable to everyone | **Minimum participants:** 9 pax | **Max:** 35 pax

Services included:

- Truffle hunt experience with private tour guide;
- Truffle hunter with his assistant dog;
- Food and wine tasting of typical products and truffle in the woods;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 129,00 | Children under 12: € 59,00

***NB:** Tour in English and Italian; tours in other languages with an extra cost.

WINE TOUR: VISIT TO WINE CELLAR WITH 360° FOOD AND WINE TASTING



You cannot visit Umbria without savoring its food and wine delights. The viticulture of our region has its origins in the time of the Etruscans and the ancient Umbrian people, who exploited the excellent predisposition of the soil for agriculture and the climatic conditions favorable for the cultivation of the vine. To date, Umbria has about 13,000 hectares of vineyards, where the quality of the production, rich in native varieties of great value, and environmental sustainability, are the basis of its competitiveness. Furthermore, the gastronomy of the region offers many DOC and DOP certified delicacies for their quality level. The excursion will lead you to discover the deepest secrets of our cuisine. You will visit a renowned winery and taste some local specialties... Enjoy your meal!

Type of excursion: Food and wine excursion with tasting/lunch **Location:** different areas in the region

Meeting point: near Assisi

Period of execution: All year round, every day – subject to availability;

Duration: about 1 hour & 30 minutes | **Requirements:** Suitable to everyone | **Minimum participants:** 2 adults

Services included:

- Guided visit to a renowned wine cellar;
- Tasting of typical products and 4/5 types of wine;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 122,00 | Children under 12: € 35,00

***NB:** Wine tour in English and Italian; tours in other languages with an extra cost.

RIDE IN CARRIAGE AMONG THE VINEYARDS WITH VISIT TO WINERY AND TASTING

Travel deep into the vineyards through the spectacular Valle d'Assisi in a carriage pulled by two magnificent horses! An extraordinary point of view to enjoy the beauty of the Umbrian vineyards. Experience a food and wine tour and tastings at the most popular wineries in Umbria. Enjoy the relaxed pace as you learn about the organic philosophy of the vineyards. A unique experience that combines the charm of rural life of the past with modern organic awareness, based on the production of high quality food in full respect of local natural resources. At the end, a delicious tasting of organic wine and Umbrian cured meats.



Type of excursion: Food and wine excursion with tasting/lunch | **Location:** near Assisi | **Meeting point:** near Assisi

Period of execution: All year round, every day – subject to availability;

Duration: about 2 hours and 30 minutes | **Requirements:** Suitable to everyone

Minimum participants: 2 - 6 pax (minimum 2 adults)

Services included:

- Horse-drawn carriage ride through the vineyards (it may be shared with other participants);
- Guided visit to a renowned wine cellar with private guide;
- Tasting of typical products and 4/5 types of wine;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

PRICE PER PERSON:

- **2 pax (exclusive & private experience):** € 250,00 per person
- **3 pax – 6 pax:** Adults: € 164,00 | Children under 12: € 55,00

***NB:** Tour in English and Italian; tours in other languages with an extra cost.

VISIT TO A CRAFT BREWERY WITH BRUNCH AND BEER TASTING



It is the respect for ourselves that makes us respect nature, its times and its products; only in this way can we preserve the integrity of a product of excellence. During this excursion we will visit a craft brewery with a history of more than ten years, a project that came to life thanks to the will and curiosity of two brothers to explore the dense and distant woods of the "world of Craft Beer".

We will have the opportunity to visit the laboratories where the "magic" takes place and with the information of the guide we will learn the whole process from the selection and classification of the malts used up to the bottling and final fermentation phase. At the end of this wonderful and interesting experience, we will taste some of their products and have a delicious brunch with typical Umbrian delicacies.

*For children we will replace beer with soda or other soft drinks.

Type of excursion: Food and wine excursion with tasting | **Location:** Foligno (PG)

Meeting point: Foligno (PG) | **Period of execution:** All year round, every day – subject to availability;

Duration: about 2 hours | **Requirements:** Suitable to everyone | **Minimum participants:** 4 participants

Services included:

- Guided visit to a craft brewery;
- Brunch with tasting of craft beer and Umbrian typical products;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 165,00 | Children under 12: € 35,00

EXTRA VIRGIN OLIVE OIL, THE GREEN GOLD + WINE TOUR WITH TASTING

Extra virgin olive oil, known as green gold, is probably the most representative product among the delights of Umbrian gastronomy, made up of simple, genuine and savory foods. We will visit a renowned oil mill where we will have the opportunity to learn about the olive oil production process, from growing, harvesting, pressing and using the product. We will also have the chance to visit a renowned winery and learn everything about the production of Sagrantino wine. At the end, we will enjoy a delicious food and wine tasting in the winery.



Type of excursion: Food and wine excursion with tasting

Location: different areas in the region

Period of execution: From April to November, every day – subject to availability;

Duration: 2 hour | **Requirements:** Suitable to everyone

Minimum participants: 2 adults

Services included:

- Guided visit to an oil mill and winery;
- Delicious food and wine tasting at the end of the visit;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".



Price per person: Adults: € 135,00 | Children under 12: € 45,00

***NB:** Tour in English and Italian; tours in other languages with an extra cost.

GUIDED TOUR OF MUSEUM OF OLIVE OIL AND WINE WITH LUNCH IN WINERY



A pretty riverside village of Roman origins, today Torgiano owes its fame to the excellent agricultural productions that have made it one of the most popular oil and wine capitals in Italy. We will first visit the olive oil museum, where this precious product is illustrated through museum objects that retrace its history and analyze its innumerable virtues. A few steps from this fascinating museum, we are faced with 5000 years of history told through archaeological finds and artifacts documenting the role of wine in

Mediterranean civilization. And if it is true that knowledge is the basis of taste, at the end of the museum itinerary, we will enjoy a rich wine tasting and a lunch in a prestigious winery, of which the wines and oils of Torgiano will be the undisputed protagonists.



Type of excursion: Food and wine excursion with tasting | **Location:** Torgiano (PG)

Meeting point: Torgiano (PG)

Period of execution: All year round, every day – subject to availability;

Duration: 1 hour | **Requirements:** Suitable to everyone | **Minimum participants:** 2 adults

Services included:

- Guided visit to the museum of olive oil and wine with tour guide;
- Guided tour of the winery and vineyards;
- Wine tasting and lunch in winery;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 219,00 | Children under 12: € 79,00

***NB:** Wine tour in English and Italian; tours in other languages with an extra cost.

COOKING CLASS AND TYPICAL UMBRIAN CUISINE WORKSHOPS

COOKING WORKSHOP: THE ANCIENT ART OF THE NORCINO



That of the butcher is a very ancient profession, and Umbria, in particular, has managed to make it a real culinary art renowned since Roman times. We will visit a prestigious farm in the area to learn about the history of Norcineria: the history of the pig, the anatomy of the pig and the basic cutting techniques, from the processing of the meat to the production of sausages, to the preservation and salting of the meat. At the end of the workshop we will enjoy a delicious lunch in which we will taste the products we have made, other typical Umbrian products and we will see the results of our work!

Excursion type: Cooking class with lunch and drinks included | **Location:** different areas, near Assisi

Meeting point: near Assisi

Period of execution: All year round (Monday to Friday, Saturday and Sunday on request)

Duration: about 4 hours | **Requirements:** Suitable for all | **Minimum participants:** 2 adults

Services included:

- Guided tour of the farm where the cooking class will be held;
- Work kit, utensils and organic ingredients;
- Digital cookbook;
- Lunch with the result of one's work and typical Umbrian products - drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 293,00 | Children under 12: € 99,00

***NB:** Activity in English and Italian; other languages with an extra cost.

COOKING LESSON: FROM FLOUR TO PASTA!

Nothing makes us as famous around the world as pasta! And nothing can make us feel at home while we're away like a forkful of this dish, so simple yet so tasty! But do we really know its secrets and regional specialties? In a delightful farmhouse among the olive trees, we will learn the biological phases of the product from the grain to the grinding; we will learn to recognize the various types of flour, the processing techniques, the seasons and their crops and we will experience the processing of the typical Umbrian pasta flour. At the end of the lesson, we will enjoy a delicious lunch with the result of our work and other typical products of our region.



Excursion type: Cooking class with lunch and drinks included | **Location:** different areas, near Assisi

Meeting point: near Assisi

Period of execution: All year round (Monday to Friday, Saturday and Sunday on request)

Duration: 3 hours | **Requirements:** Suitable for all | **Minimum participants:** 2 participants

Services included:

- Guided tour of the farm where the cooking class will be held;
- Work kit, utensils and organic ingredients;
- Digital cookbook;
- Lunch with the result of one's work and typical Umbrian products - drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 219,00 | Children under 12: € 139,00

***NB:** Activity in English and Italian; other languages with an extra cost.

COOKING LESSON: LET'S MAKE LASAGNA!



This morning we will reach a renowned farmhouse near Assisi and we will have a fun cooking lesson in which we will get in touch with the Umbrian and Italian culinary tradition, and we will learn the whole process of preparing a delicious homemade lasagna.

We will learn all the necessary ingredients, tools and techniques to prepare pasta, the different preparations and condiments that we can use. The lasagna we will prepare will be so delicious that it will be our lunch!

Excursion type: Cooking class with lunch and drinks included | **Location:** different areas, near Assisi

Meeting point: near Assisi

Period of execution: All year round (Monday to Friday, Saturday and Sunday on request)

Duration: 3 hours | **Requirements:** Suitable for all | **Minimum participants:** 2 participants

Services included:

- Guided tour of the farm where the cooking class will be held;
- Work kit, utensils and organic ingredients;
- Digital cookbook;
- Lunch with the result of one's work and typical Umbrian products - drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 219,00 | Children under 12: € 139,00

***NB:** Activity in English and Italian; other languages with an extra cost.

COOKING CLASS: THE TORTA AL TESTO

The torta al testo is an ancient, unleavened bread which owes its name to the cast iron dish, the testo, on which the dough was cooked. A few gestures of expert and loving hands, and we will find ourselves in a world of genuine flavors and aromas, in the very heart of the Umbrian culinary tradition. A simple yet so precious recipe that will delight your palate! At the end of the lesson, we will taste a delicious tasting of torta al testo stuffed with all the best of the local butchery, accompanied by a good glass of wine.



Excursion type: Cooking class with lunch and drinks included

Location: different areas, near Assisi

Meeting point: near Assisi

Period of execution: All year round (Monday to Friday, Saturday and Sunday on request)

Duration: 2 hours | **Requirements:** Suitable for all | **Minimum participants:** 2 participants

Services included:

- Guided tour of the farm where the cooking class will be held;
- Work kit, utensils and organic ingredients;
- Digital cookbook;
- Lunch with the result of one's work and typical Umbrian products - drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults € 219,00 | Children under 12: € 139,00

***NB:** Activity in English and Italian; other languages with an extra cost.

THE CHARM OF SPRINGS, WATERFALLS AND CAVES AND RASIGLIA WITH LUNCH

During this excursion we will reach the Menotre Valley and we will go with a guide to visit a hermitage protected by the rugged rock, a sanctuary that leaves you speechless and from which you can enjoy a breathtaking view. Together with the guide, we will have a beautiful trekking experience of about 1 hour and a half where we will reach springs, waterfalls and caves, also rediscovering the beauty of silence, of listening to one's footsteps, one's breath, and the sounds of nature. Our hiking guide will accompany you throughout the excursion, providing useful and interesting information on the route and the surrounding landscape. Together you will reach the village of Pale where a delicious lunch will await you with a menu based on the specialties of our land in a typical restaurant.



Umbria is also the region of ancient villages. During the second part of this excursion, we will visit one of the jewels of the region: Rasiglia, the village of streams. The town, which retains the typical characteristics of the medieval village gathering in an amphitheater structure, is famous for its springs: walking through the suggestive alleys of the town center, it is impossible not to be enchanted by the waterways that cross the city, making it unique and fascinating. Even today, the life of Rasiglia continues to be marked by water: the element that passes through weaving, wool processing and dyeing that lives on through an ancient tradition, which dates back to 1200. During this excursion, trekking between springs, waterfalls and caves, and walking

through the ancient streets of Rasiglia, you will enjoy the friendliness of the people, you will feel the magnetism of the mountains and you will enjoy the peace and beauty of nature.

Excursion type: Guided excursion with lunch included | **Location:** Rasiglia, Foligno

Meeting point: Pale (PG)

Period of execution: from April to November, every day – subject to availability

Duration: FD | **Requirements:** Suitable for everyone (medium-easy route) | **Minimum participants:** 2 adults

Services included:

- Guided excursion "The Charm of springs, waterfalls and caves"
- Private hiking guide;
- Entrances to the Hermitage and the caves;
- Typical Umbrian lunch in a local restaurant – drinks included;
- Visit of Rasiglia with tour leader;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

PRICE PER PERSON

- **2 pax (min 2 adults):** € 259,00 per person
- **3 pax and more:** Adults: € 206,00 | Children under 12: € 59,00

***NB:** Tour in English and Italian; other languages with an extra cost.

TREKKING TO UMBRIANO, THE GHOST TOWN

The route to reach Umbriano, suggestive both from a naturalistic and historical point of view, is not very demanding and allows anyone to discover the magic of a unique place. The charm of this place is characterized by its mystery and by the signs left by the many civilizations that have settled there. As soon as you arrive in the place you find yourself in front of the first houses in ruins but still clearly visible as a structure. All have the same feature, on the ground floor the granaries and stables, tubs for pressing the grapes; on the first floor the kitchens and living rooms, and on the floor above rooms with wooden roofs where there are stone fireplaces. This type of architecture, such as, for example, the windows embellished with sills and stone portals, confirm how much prestige the castle had at that time.

In the center of the village, with a fantastic belvedere, there is a church in which fragments of frescoes dating back, according to what is said, to the work of Lo Spagna are still visible, including two still identifiable, San Sebastiano and Crucifixion with the Eternal. The entire town is then dominated by the remains, still well preserved, of the fortress' watchtower, from whose window, climbing up, the entire valley is visible and in particular the abbey of San Pietro in Valle which could be controlled from here and defense. Typical lunch in a local restaurant at the end of the excursion.



Excursion type: Guided excursion with lunch included | **Location:** Umbriano | **Meeting point:** Ferentillo

Minimum age: 10 years old (suggested) **Duration:** HD | **Requirements:** Suitable for all (easy path)

Period of execution: from April to November, every day – subject to availability | | **Minimum participants:** 2 adults

Services included:

- Guided excursion to Umbriano with private hiking guide;
- Lunch in local restaurant – drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 239,00 | Children under 12: € 59,00

***NB:** Tour in English and Italian; other languages with an extra cost.

MARMORE WATERFALLS, NATURALISTIC TOUR

The Marmore Falls, with its 165 m divided into 3 jumps, is the second highest artificial waterfall in Europe. It is inserted in the Terni Valnerina area and in the Nera River Park, also known as the *Parco delle Acque*, a protected area that finds its point of excellence right in the waterfall: an environment extraordinarily rich in cultural, historical and environmental testimonies. Along with the guide, you will walk along the different trails of the Marmore Falls, while listening to the interesting information regarding the fauna and flora, and the history of the Falls. You'll have time to independently relax at one of the many viewpoints, have a drink at one of the bars, buy some souvenirs and above all take photos to bring the extraordinary beauty of this place with you.

Excursion type: Naturalistic excursion | **Location:** Marmore waterfall

Meeting point: Lower Belvedere, Marmore Falls

Period of execution: All year round, every day – subject to availability;

Duration: 3 hours | **Requirements:** Suitable for all (easy route)

Minimum participants: 2 adults | **Language :** ENG / ITA

Services included:

- Private guide and entrance ticket included;
- Lunch in a local restaurant – drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

PRICE PER PERSON

- **2 pax (min 2 adults):** € 259,00 per person
- **3 pax and more:** Adults: € 206,00 | Children under 12: € 59,00



HIKING: SIBILLINI NATIONAL PARK WITH LUNCH

Probably one of the most popular trails in the area, starting from Pintura, up to the peaks of Pizzo Berro and Priora, enjoying breathtaking views over the most beautiful valleys of the Sibillini National Park, such as Val di Panico, Valle Lunga, Passo Bad, Monte Bove, Ambro and Tenna valleys, just to name a few. During the excursion you will have the opportunity to admire the Apennine chamois; the guide will help you locate them, using telescopes and binoculars. This is a very intense hiking activity, so it is intended for experienced hikers. Private hiking guide and packed lunch included.



Excursion type: Guided excursion with lunch included | **Location:** Sibillini Mountains

Meeting point: according to accommodation;

Period of execution: From April to November, every day – subject to availability

Duration: FD | **Requirements:** Suitable for experienced hikers | **Minimum participants:** 2 adults

Services included:

- Private hiking guide – full day;
- Boxed lunch – drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults € 289,00

***NB:** Tour in English and Italian; other languages with an extra cost.

HIKING MONTE SUBASIO: FROM ASSISI TO SPELLO WITH LUNCH

From Assisi to Spello, trekking to Monte Subasio; a wonderful panoramic route to admire splendid hermitages, uncontaminated nature, breathtaking green landscapes and medieval villages. Starting from the meeting point in Assisi, the city of San Francesco d'Assisi, the guide will accompany you along a naturalistic path through which you will cross Mount Subasio, passing by the village of Collepio with a lunch break along the way.

After lunch, you will continue and reach the beautiful ancient city of Spello antica.

This is a very strenuous hiking activity, so it is intended for experienced hikers. Private hiking guide.

Excursion type: Guided excursion with lunch included

Location: Monte Subasio, from Assisi to Spello

Meeting point: Assisi

Period of execution: From April to November, every day – subject to availability

Duration: FD | **Requirements:** Suitable for experienced hikers

Minimum participants: 2 adults

Services included:

- Private hiking guide – full day;
- Lunch at a local restaurant – drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults € 305,00

***NB:** Tour in English and Italian; other languages with an extra cost.



GUIDED TREKKING EXCURSION IN THE VALNERINA VALLEY: SCHEGGINO, SANT'ANATOLIA AND VALLO DI NERA WITH LUNCH IN A LOCAL RESTAURANT

This morning, together with our expert hiking guide, we will go to the heart of Valnerina, in the south-eastern part of Umbria. Together with him we will go on a beautiful and rewarding trekking excursion immersed in the splendid nature of the green heart of Italy. We will start our journey from the town of Scheggino, a delightful village of medieval origins located in a mountainous area crossed by the waters of the Nera river. The town preserves the remains of walls and a semi-ruined tower dating back to the 12th century, a defensive outpost chipped several times. The Scheggino area offers a landscape of great charm and beauty: the splendid Valcasana springs that flow a short distance from the town are an example of the spectacle that nature offers in this area. Once in Scheggino, we will make a stop in its historic center to visit its main monuments.



We continue our journey to discover the hidden treasures of Umbria until we reach Sant'Anatolia di Narco, a town located near the Nera river which, although inhabited since



ancient times, owes its current appearance to the late medieval period. The castle that dominates the town dates back to the second half of the 11th century while the walls were built two centuries later. Stop in the town center to visit the Church of Sant'Anatolia, a parish church with 14th-century frescoes, the Renaissance-style church of Santa Maria delle Grazie, the Abbey of San Felice e Mauro, the 13th-century Convent of Santa Croce century and the Hemp Museum, which is housed in the

sixteenth-century town hall. **Lunch in a local restaurant - drinks included.**

After lunch, we head towards the last village of our interesting trekking route: Vallo di Nera. The enchanting village of Vallo di Nera is located in a particularly fascinating region of the Valnerina, where a narrowing of the valley generates small basins, and sinuous and narrow valleys crossed by the crystalline waters of the Nera river and its tributary Vigi. Vallo di Nera is a town-monument and its stone houses are surrounded by walls and towers, and preserves its medieval urban structure intact, with narrow alleys surmounted by arches. The town partially preserves the Romanesque, religious and civil buildings of the early Middle Ages, of which the Church of the Santissima Annunziata dell'Eremita is a notable example. Due to its valuable historical and landscape characteristics, this wonderful village is considered one of the "most beautiful villages in Italy". Vallo di Nera also boasts several awards, including Comune Amico delle Api and Città del Tartufo. Walk through the enchanting alleys of this village and return to the hotel in the afternoon.



Excursion type: Guided excursion with lunch included | **Location:** Scheggino, Sant'Anatolia, Vallo di Nera

Meeting point: Scheggino | **Minimum age:** 10 years old (suggested)

Period of execution: From April to November, every day – subject to availability

Duration: FD | **Requirements:** Suitable for everyone (medium-easy route) | **Minimum participants:** 2 adults

Services included:

- Private hiking guide – full day;
- Lunch in local restaurant – drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 305,00 | Children under 12: € 99,00

***NB:** Tour in English and Italian; other languages with an extra cost.

TREKKING TO DISCOVER THE MONTE CUCCO CAVE: THE HEART OF THE MOUNTAIN AND ITS MEADOWS WITH LUNCH IN A LOCAL RESTAURANT

On this day of adventure, starting from the Pian di Monte plateau, we will embark on a first short excursion, which will allow us to get closer to the entrance to the Grotta del Monte Cucco, crossing the side of the mountain from east to north. Through a few flights of stairs we descend into the heart of the mountain, visiting the great halls of the Cathedral, Margherita, Becco, the narrow passage of the secret passage, the small well of the north exit. The Monte Cucco cave is among the largest in Europe, with over 30 km of development and over 900 m in altitude! The tourist branch that we will visit will offer us a taste of this great underground itinerary. Subsequently, going along a steep valley, you reach a beautiful refuge in a vast karstic plateau, where rainwater plunges into the rocky bottoms; the view is magnificent and here we stop for a traditional lunch based on local specialities. After lunch, we return to the starting point, through marvelous and luxuriant beech woods, in a truly suggestive atmosphere, among the most beautiful woods in central Italy!



Excursion type: Guided excursion with lunch included | **Location:** Monte Cucco Park

Meeting point: Pian di Monte (Sigillo – PG)

Period of execution: From April to November, every day – subject to availability

Duration: FD | **Requirements:** Suitable for everyone (medium-easy route) | **Minimum participants:** 2 adults

Services included:

- Private hiking guide;
- Entrance ticket to Monte Cucco Cave;
- Lunch in local restaurant – drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 279,00 | Children under 12: € 99,00

***NB:** Tour in English and Italian; other languages with an extra cost.

OTHER TREKKING EXCURSIONS IN THE MOUNT CUCCO REGIONAL PARK

- **GUALDO TADINO AND ITS MOUNTAINS: AMONG NATURE, HERMITAGES AND CULTURE**
With hiking guide and lunch included;
- **GUBBIO & GOLA DEL BOTTACCIONE: HUMAN AND EXTRATERRESTRIAL STORIES**
With hiking guide and lunch included;
- **FAMILY TREKKING IN THE GREEN UMBRIA**
With hiking guide and lunch included;
- **ALONG THE ROAD OF THE HERMITS: FROM THE SITRIA ABBEY TO THE FONTE AVELLANA MONASTERY** *With hiking guide and lunch included;*
- **MONTE CUCCO AND ITS WONDERS: FROM VAL DI RANCO TO PIAN DELLE MACINARE**
With hiking guide and lunch included;
- **NORDIC WALKING IN THE MONTE CUCCO PARK AND THE APENNINE**
With hiking guide and lunch included;

Price per person: Adults: € 279,00 | Children under 12: € 99,00

***NB:** Tour in English and Italian; other languages with an extra cost.

FIASTRA LAKE WITH PICNIC LUNCH (*spring and summer*)



After breakfast you will go to the discovery of one of the most beautiful lakes in Central Italy, surrounded by nature and greenery that you have ever seen: Lake Fiastra.

It is an artificial lake created in 1955 to supply electricity, through the dam, to the Fiastrone Valley. The lake water is crystal clear and in some places it looks like a natural swimming pool. The lake is one of the favorite excursion destinations in the middle of nature. With a guide we will set up a picnic in the shade of the trees, we will be able to swim, relax in the sun and go on a trekking excursion up to and up to the dam.



Excursion type: Guided excursion with packed lunch | **Location:** Lake Fiastra | **Duration:** FD

Meeting point: Fiastra

Period of execution: Spring and summer, every day – subject to availability

Requirements: Suitable for all (easy route) | **Minimum participants:** 2 adults

Services included:

- Private hiking guide;
- Boxed lunch with drinks included (picnic)

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 305,00 | Children under 12: € 129,00

***NB:** Tour in English and Italian; other languages with an extra cost.

RIVER RAFTING ADVENTURE WITH LUNCH

Rafting is certainly one of the most fun and exciting activities to experience in Umbria. Today we will live an experience of great emotional impact, between adrenaline and new landscapes that can be appreciated with just a few strokes of the oar. On board an unsinkable dinghy, we embark on an adventurous descent on streams, pushed by water currents, through otherwise inaccessible places of great naturalistic interest: rock walls, waterfalls, woods and large meadows. All the necessary equipment to carry out the experience in total safety will be provided: wetsuit, helmet, neoprene jacket and shoes. At the end of the descent, changing rooms with hot showers await you. Back from the adventure, we'll enjoy a delicious lunch at a local restaurant.



Excursion type: Guided excursion with lunch included | **Location:** Valnerina | **Duration:** 3 hours

Meeting point: Valnerina | **Period of execution:** From April to November, every day – subject to availability

Requirements: Suitable for all (easy to use path) | **Minimum participants:** 2 adults | **Minimum age:** 6 years

Services included:

- Equipment (wetsuit, helmet, neoprene shoes and jacket);
- Expert guide/instructor;
- Lunch in a local restaurant with drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults and children: € 169,00

***NB:** Activity in English and Italian; other languages with an extra cost.

CANOE RIDE ON THE RIVER IN VALNERINA WITH LUNCH



During this excursion we will have the opportunity to have an authentic experience aboard a kayak. This kayak ride is certainly an exciting and fun activity to experience in Umbria and can be shared with family or friends, it is suitable for everyone and does not require great skills and familiarity. Accompanied by our expert instructors, who will lead you in complete safety, you will be enchanted by the beauty of the surrounding landscapes and by the wonderful colors and sounds that surround the Valnerina. All the necessary equipment will be provided (wetsuit, neoprene shoes, jacket and helmet) and after the descent, changing rooms with hot showers will await you. Afterwards, we will go to a local restaurant where you will enjoy a delicious typical lunch.

Excursion type: Guided excursion with lunch included | **Location:** Valnerina | **Duration:** 3 hours

Meeting point: Valnerina | **Period of execution:** From April to November, every day – subject to availability

Requirements: Suitable for all (easy to use path) | **Minimum participants:** 2 adults | **Minimum age:** 6 years

Services included:

- Equipment (wetsuit, helmet, neoprene shoes and jacket);
- Expert guide/instructor;
- Lunch in a local restaurant with drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults and children: € 169,00

***NB:** Activity in English and Italian; other languages with an extra cost.

KAYAK RIDE ON LAKE TRASIMENO WITH LUNCH IN LOCAL RESTAURANT



A very pleasant experience to spend your time at Lake Trasimeno, the largest in central Italy and one of the four largest lakes in the Italian territory, a splendid body of water, surrounded by natural landscapes of great suggestion and great beauty, ancient villages and historic houses. With just thirty or forty minutes by kayak you can reach the coasts of Isola Polvese and dock your canoe to enjoy a panoramic walk or take a refreshing dip in the splendid waters of the lake. One kayak for every two people and the necessary equipment will be provided. Delicious lunch in a restaurant on Lake Trasimeno after the kayak ride.

Excursion type: Excursion with lunch included | **Location:** Lake Trasimeno | **Duration:** HD

Meeting point: Lake Trasimeno | **Period of execution:** From May to October, every day – subject to availability

Requirements: Suitable for all | **Minimum participants:** 2 adults | **Minimum age:** 6 years (recommended)

Services included:

- Equipment (vest and mobile phone protection);
- Private guide during the excursion;
- Lunch in a local restaurant on Lake Trasimeno – drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

PRICE PER PERSON

- **2 pax (min 2 adults): € 289,00 per person**
- **3 pax and more: Adults: € 239,00 | Children under 12: € 89,00**

***NB:** Activity in English and Italian; other languages with an extra cost.

MOUNTAIN BIKE IN UMBRIA WITH E-BIKE AND LUNCH IN RESTAURANT

Umbria is a natural bike park and offers varied and inviting routes for mountain bikers of all levels. Mountain biking in Umbria is a rare hidden gem for those who want to discover the heart of Italy, its culture, food and wine. There are trails for everyone with impressive panoramas: mountains, spectacular viaducts, deep valleys, medieval villages, boundless plains, woods... everything a biker could wish for! The routes have different lengths and difficulties and are organized according to your needs. After a short transfer, our guide will lead us on an easy-to-use path through breathtaking landscapes in which gentle ups and downs alternate. We will do this experience in e-bike. **Lunch in a typical Umbrian restaurant – drinks included.**



Excursion type: Excursion with lunch included | **Location:** different areas in the region | **Duration:** FD

Period of execution: From April to November, every day – subject to availability

Requirements: Suitable for all | **Minimum participants:** 2 adults | **Minimum age:** 10 years

Services included:

- Full day e-bike rental – helmet and self-kit included;
- Lunch in a local restaurant with drinks included;
- Private guide (half-day) and itineraries and maps with recommended routes;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

PRICE PER PERSON

- **2 pax (min 2 adults): € 349,00 per person**
- **3 pax and more: Adults: € 298,00 | Children under 12: € 178,00**

***NB:** Activity in English and Italian; other languages with an extra cost.

HORSEBACK RIDE IN UMBRIA WITH LUNCH

"By riding a horse, we borrow freedom" - Helen Thompson.



Riding through woods and countryside, surrounded by greenery, caressed by the wind, in contact with an animal of such rare pride, elegance, strength, patience and intelligence, cannot be a simple sport, but an undeniable experience. After a brief introduction to horse riding and the introduction to this noble animal, we will begin a relaxing and pleasant horse ride through the marvelous valleys and meadows of Umbria, along the enchanting Franciscan paths, through landscapes of undisputed beauty, spirituality and fragments of precious history unique in the world. Experts or those already equipped with good riding skills can choose to do the Adventure Trail, a route which, although

accompanied by an excellent guide, presents difficulties such as slopes, streams, steep paths, bottlenecks, etc. that require experience and security. Upon returning from the walk, we will enjoy an excellent lunch in a typical Umbrian restaurant.

Excursion type: Guided excursion with lunch included

Location: different areas | **Duration:** from 1H to HD

Meeting point: according to the chosen route;

Period of execution: All year round, every day – subject to availability

Requirements: Suitable for all

Minimum participants: 2 adults

Minimum age: 10 years

NB: Participants under the age of 14 carry out the experience inside the riding school.

Services included:

- Equipment and expert guide/instructor;
- Lunch in a local restaurant – drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person (1 hour + lunch): Adults € 183,00 | Children under 12 € 143,00

HORSEBACK RIDE IN THE UMBRIAN COUNTRYSIDE (1 HOUR WITH TASTING) + LUNCH

Price per person: Adults € 195,00 | Children under 12 € 155,00

HORSEBACK RIDE NEAR ASSISI (1 HOUR + LUNCH)

Price per person: Adults € 183,00 | Children under 12 € 143,00

HORSEBACK RIDE IN THE OUTSKIRTS OF PERUGIA (HALF-DAY ACTIVITY) WITH LUNCH

Price per person: Adults € 269,00 (ONLY ADULTS)

***NB:** Activities in English and Italian; other languages available with an extra cost.

ATV QUAD ADVENTURE WITH APERITIF IN THE WOODS + LUNCH / DINNER

Super fun experience to explore the Umbrian countryside, driving on any terrain: mud, stones, water ... The quad does not ask for better! Riding a quad bike is a truly incredible experience and few can resist the temptation to return after trying it. Its versatility, combined with driving comfort even for two people, makes it a fun means of travel. No special driving skills are needed: after the first few metres, you will be able to drive with confidence and you will never want to dismount! Accompanied by our guide, following an easy nature trail, surrounded by greenery, you will discover the wonderful landscapes of the Umbrian panorama and you will also enjoy a stop in the woods, in the middle of nature, for a delicious aperitif. At the end of the excursion, **lunch or dinner at a local restaurant - menu with typical Umbrian products and drinks included.**



Excursion type: Guided excursion with aperitif and lunch / dinner | **Location:** Mount Subasio

Duration: 2 hours + time for dinner / lunch | **Meeting point:** near Assisi | **Language:** Italian

Period of execution: From April to November, every day – subject to availability;

Requirements: Suitable for all, driving license B | **Minimum participants:** 2 adults | **Minimum age:** 6 years

Services included:

- Expert guide/instructor;
- Aperitif in the woods during the excursion;
- Registration fee;
- Lunch / dinner at a local restaurant - menu with typical Umbrian products and drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults € 225 (1 ATV – 2 people), € 299 (1 ATV per person) | **Children under 12:** € 120,00

TANDEM PARAGLIDING WITH WINE TOUR WITH LIGHT LUNCH

Exciting experience from above to enjoy a beautiful view of Assisi and its surroundings from a unique and privileged point of view. We will try the experience of a paragliding flight over the birthplace of San Francesco and the surrounding valley, with a professional instructor and with all the equipment required to perform it in total safety. A video will be recorded during the flight so that you can cherish this moment forever. The experience is divided into two parts: preparatory phase with technical briefing and flight of about 20 minutes which can vary depending on the wind and weather conditions. At the end of the excursion, we will reach a local winery for an interesting wine tour with food and wine tasting at the end of the visit.



Excursion type: Guided excursion + Wine tour | **Location:** Mount Subasio | **Duration:** 2h30min

Meeting point: near Assisi | **Period of execution:** From April to November, every day – subject to availability;

Requirements: Suitable for all | **Minimum participants:** 1 adult | **Min. weight:** 30 KG | **Language:** Italian

Services included:

- Tandem paragliding flight of approximately 1 hour;
- Expert guide/instructor;
- Equipment, shuttle service and video of the experience included;
- Wine tour with food and wine tasting;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 359,00 (ONLY ADULTS)

CANOE RIDE ON PIEDILUCO LAKE WITH TYPICAL UMBRIAN LUNCH



Fun and exciting experience suitable for everyone, even the little ones, to do with friends or family on Lake Piediluco. Accompanied by our expert instructors, who will guide you in total safety, you will be able to discover and admire all the beauty of this splendid lake. Paddling in the calm waters of this lake will help you acquire the right technique, stop in the small coves with glimpses of the town of Labro and the peaks of Terminillo, see the Castle and then reach the point where you can echo. Continuing to paddle you will reach the wave where the Nera river flows into the Piediluco lake to try to surf. The necessary equipment will be provided and there will be hot showers and changing rooms available after the excursion. Lunch in a local restaurant – drinks included.



Excursion type: Guided excursion with lunch included | **Location:** Piediluco Lake | **Duration:** HD
Meeting point: Valnerina | **Period of execution:** All year round, every day – subject to availability
Requirements: Suitable for all
Minimum participants: 4 people
Minimum age: 6 years
Services included:

- Equipment (wetsuit, helmet, neoprene shoes and jacket);
- Expert guide/instructor;
- Shuttle Service;
- Lunch in a local restaurant with drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults and children: € 169,00

***NB:** Activity in English and Italian; other languages with an extra cost.

DESCENT OF THE FOSSO DI RIO MULINO, CASTEL DEI FIORI WITH LUNCH IN RESTAURANT



The picturesque village of Castel di Fiori, located in the municipality of Terni, is home to a small community of a few dozen residents, which is enriched by numerous Italian and foreign families during the summer season and holidays. The village, skillfully restored, preserves intact its fascinating medieval character, surrounded by walls that include the Castle, now reduced to ruins, and the medieval tower. In the pretty central square stand the Baronial Palace of the village and the Church of Santa Maria Maddalena. Near Castel di Fiori, natural pools, waterfalls and nature trails open their doors to many visitors who wish to explore the natural treasures of the area in different ways: trekking tour and light canyoning, or just take a refreshing swim in the small lakes of the waterfalls.

Meeting with the private canyoning instructor / guide in **Castel di Fiori** in the morning and preparation for the activity of **canyoning** "Descent of the Fosso di Rio Mulino".

Description of the activity: the Rio Mulino is the best place to approach the practice of canyoning as the entire path of the stream is surrounded by paths both on the right and on the left of the river and allows you to interrupt the activity at any time or even to repeat the descent of the falls. There are two main waterfalls, which are surrounded by lush vegetation that is reflected in small lakes that allow you to dive in and take a refreshing swim. This is a water excursion with no technical difficulties except for two waterfalls of 7 and 15 m, which can be overcome with the help of a rope but totally avoidable if required.



Type of excursion: Guided excursion with lunch | **Location:** Castel di Fiori TR | **Meeting point:** Castel di Fiori TR

Duration: 4 hours approximately + time for lunch | **Minimum participants:** 4 people

Minimum age: 10 years, but minors must be accompanied by their parents.

Requirements: Absence of hydrophobia / participants must know how to swim.

Required equipment: Hiking or running shoes, swimsuit and a backpack. The contents of the backpack should not be excessive and can consist of a mobile phone, 1 liter of water and a snack, all closed in plastic food bags. A towel and a complete change of clothes (including underwear and footwear) to be left in the car are essential. Packed snack to eat during the excursion.

Equipment provided: helmet, harness, wetsuit and boots (indicate the sizes of wetsuits and boots);

The excursion includes:

- Private expert canyoning instructor / guide;
- Equipment (helmet, harness, wetsuit and boots);
- Lunch at a local restaurant – drinks included;
- On-site assistance during the excursion;

Not included: Transfers, tips, extras and everything not mentioned in "the excursion includes".

Price per person: Adults and teenagers: € 259,00 per person | Children under 12: € 169,00 per child

***NB:** Activity in English and Italian; other languages with an extra cost.

HOT-AIR BALLOON FLIGHT WITH BRUNCH

We get up early in the morning to experience one of the most exciting experiences you can ever imagine: in a hot air balloon over Umbria! It is not only a privileged point of view to observe the beauties of our region, but also an extraordinary adventure to be preserved forever.

At the end of the one-hour flight, we will enjoy a large brunch with tasting of typical products and wines at a renowned winery in the Assisi area.



Excursion type: Guided excursion with tasting

Location: near Assisi | **Duration:** about 3 hours

Meeting point: near Assisi | **Period of execution:** From April to November, every day – subject to availability

Requirements: Suitable for all | **Minimum participants:** 2 adults | **Minimum age:** 6 years recommended

Services included:

- Experienced pilot;
- Tasty brunch with wine tasting;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 265,00 | Children under 12: € 220,00

***NB:** Activity in English and Italian; other languages with an extra cost.

LUXURY MOTORBOAT TOUR ON TRASIMENO LAKE WITH APERITIF AND LUNCH / DINNER

You will spend two unforgettable hours aboard a luxury motorboat with a professional skipper, through foam trails, natural landscapes of incomparable beauty, historic homes, adventurous maneuvers, moments of fun and relaxation. During the trip we will stop for a short visit to Isola Maggiore or Isola Polvese. On board the motorboat, a rich aperitif will complete this VIP experience! At the end of the excursion, we will enjoy a delicious fish-based lunch in a local restaurant at Lake Trasimeno. In the afternoon, free time to visit one of the ancient villages surrounding the lake.



Excursion type: Guided excursion with lunch included | **Location:** Lake Trasimeno | **Duration:** 2 hours

Meeting point: Lake Trasimeno | **Period of execution:** From May to November, every day – subject to availability

Requirements: Suitable for all | **Minimum participants:** 2 adults | **Minimum age:** not required

Services included:

- Experienced skipper;
- Aperitif on board the motorboat;
- Lunch / Dinner in a local restaurant – drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

PRICE PER PERSON

- **2 pax (min 2 adults):** € 479,00 per person
- **3 pax – 5 pax:** Adults: € 325,00 | Children under 12: € 178,00
- **6 pax – 8 pax:** Adults: € 189,00 | Children under 12: € 178,00

***NB:** Activity in English and Italian; other languages with an extra cost.

BOAT FISHING AT SUNSET AT LAKE TRASIMENO WITH APERITIF



Today we will live a wonderful and relaxing experience: we will go fishing by boat at sunset at Lake Trasimeno, the largest lake in central Italy and one of the four largest lakes in the Italian territory. Lake Trasimeno is a splendid body of water, surrounded by highly suggestive natural landscapes, ancient villages and historic houses. Departing one hour before sunset, we will sail to the place where we will start our two-hour sport fishing adventure with aperitif included, while admiring the beauty of the ancient villages that surround the lake and its islands. We will fish, have fun, admire the sunset over Lake Trasimeno and take great photos to bring this memorable experience home.

All the necessary equipment will be provided.



Excursion type: Guided excursion with aperitif | **Location:** Lake Trasimeno

Duration: 2 hours | **Meeting point:** Lake Trasimeno

Period of execution: From May to November, every day – subject to availability

Requirements: Suitable for all | **Minimum participants:** 2 adults | **Minimum age:** not required

Services included:

- Experienced skipper;
- Equipment and fishing permit;
- Aperitif on board;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

PRICE PER PERSON

- **2 pax (min 2 adults): € 479,00 per person**
- **3 pax – 5 pax: Adults: € 325,00 | Children under 12: € 178,00**
- **6 pax – 8 pax: Adults: € 189,00 | Children under 12: € 178,00**

***NB:** Activity in English and Italian; other languages with an extra cost.

SUITE FUGA D'AMORE YOUR LOVE ESCAPE:

Would you like to give her an unforgettable and wonderful surprise? A special romantic getaway away from the hustle and bustle of everyday life? So what are you waiting for? Our Suite is what you are looking for for your dream evening! Equipped with a small private wellness program: Jacuzzi, relaxation room with music and herbal teas, sauna for two to pamper yourself, you will be welcomed in a discreet and elegant way, with soft lights, by candlelight in a refined environment with attention to the smallest details. Inside the suite of about 400 meters for exclusive use, you will



find a bottle of prosecco to be enjoyed by the pool with an aperitif while you relax in the bubbles of the hydromassage. In front of a romantic wood-burning fireplace, with candles, lamps, soft lights, background music and rose petals, you can enjoy a delicious prêt à manger dinner for two with a traditional menu accompanied by an excellent wine.

Your magical evening continues with the atmosphere of a large round bed decorated with little hearts and rose petals... for you and your love. Let her dream for one night!



Type of excursion: Wellness and relax stay | **Location:** near Assisi | **Duration:** 1 night
Period of execution: from November 2nd to April (Maundy Thursday) – subject to availability
Excluding periods: December 8, Christmas and New Year's Eve.
Included:

- A dream night in an exclusive suite for 2 people;
- Aperitif in the Jacuzzi for 2 people;
- *Pret a manger* dinner for 2 people;
- Decorations with hearts, lights, candles and rose petals;
- Small unlimited private SPA path, sauna and relaxation room with herbal teas.

Not included: Breakfast (on request to be paid locally), tourist tax to be paid locally, transfers, tips, extras and anything not specified under "included".

Price (for 2 people): € 390.00 per couple (Monday - Thursday) | € 450.00 per couple (Friday – Sunday)

EXTRAS:

- Breakfast basket (croissants, jams, rusks, biscuits, milk, fruit juices, coffee): **€ 12.00** per person.
- Relaxing couple massage with 2 professional masseurs - scented candles, relaxing oils and herbal teas included after the massage: **€ 115.00** per person.

A CHALLENGE WITH... LASER

Do you want to amaze your friends, relatives and colleagues with an experience they will never forget? Do you want to celebrate a birthday, a degree, a stag/hen party or simply spend a different afternoon than usual? Then this experience is for you! Ready to live a unique experience that will entertain you, relieve stress, meet new people and get moving with others? Today we will have a laser blast battle, an activity whose popularity is rapidly increasing in our country. We will form two teams and equipped with laser guns and the required equipment, we will play 4 matches of 15 minutes each in a dark arena, illuminated with neon lights and accompanied by themed music, matches in which we will have to neutralize the opponents in a simulated fight, taking advantage of hidden bonuses in the arena. Break after the first two games for a well-deserved and refreshing aperitif.



Excursion type: Group activity with aperitif | **Location:** Perugia | **Duration:** 1 hour (4 matches)
Meeting point: Perugia, PG | **Period of execution:** All year round, every day – subject to availability
Requirements: Suitable for all | **Minimum participants:** 4 participants (up to 22) | **Minimum age:** NR
Services included:

- Equipment and scorecard;
- Aperitif (snacks and alcoholic/soft drinks);

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults € 59,00 | Children under 12 € 49,00

GOURMET PICNIC AMONG THE OLIVE TREES

Finger food, sandwiches, savory pies, freshly cooked pasta, cured meats, fine wines, organic fruit juices, panzanella, homemade bread and desserts are just some of the delicacies you will taste during this gourmet picnic! The natural setting among the olive trees, and the appointments with attention to the smallest details, will complete this beautiful experience, satisfying both the palate and the sight! For a supplement, it is possible to organize a lunch or dinner with a musician and a chef who will cook Umbrian specialties right in front of you.



Excursion type: Outdoor food and wine experience | **Location:** different areas | **Duration:** 3 hours
Period of execution: From May to October, every day – subject to availability | **Language:** ENG / ITA – other on request
Requirements: Suitable for all | **Minimum participants:** 2 adults | **Minimum age:** not required
Services included:

- Private cook and English-speaking tour leader;
- Lunch in the wood with starters, main course (meat), typical products and wine included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

PRICE PER PERSON

- **2 pax (min 2 adults):** € 315,00 per person
- **3 pax – 8 pax:** Adults: € 298,00 | Children under 12: € 70,00 (*children's menu*)

OUTDOOR YOGA COURSE

Enjoy yoga in the fresh air, exploring the body and opening the mind. Breathe deeply and let your body guide you. The class is open to all levels of experience, whether you have never done yoga before or have experience in this activity. Led by a certified yoga teacher, you will be taken on a journey where you will gain knowledge about the body, how it moves, and how you can help release tension and stress. Increase your self-awareness and well-being, build strength and flexibility. Learn to relax and enjoy the view of the beautiful Umbrian countryside.



Excursion type: Outdoor experience | **Location:** different areas | **Duration:** 1 hour 15 minutes

Period of execution: From May to October, every day – subject to availability

Requirements: Suitable for all | **Minimum participants:** 2 adults | **Minimum age:** not required

Services included:

- Private Yoga Instructor;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults € 159,00 | Children under 12 € 69,00

GO KART: FULL ADRENALINE ADVENTURE!



Today we will live a really fun and unforgettable experience full of adrenaline, an activity that allows you not only to show off your driving skills, but also your competitiveness!

Grand Prix Go Kart: the final! On board a very safe electric kart, we will do a 10-lap race with a 5-minute qualification, on an indoor track 550 meters long and 6 meters wide, with a bridge. At the end of the race, prize giving podium with medals.

It is an activity that can be done alone, as a couple, with friends, colleagues and with the family, and is suitable for everyone, both those who already know how to drive a kart and those

who are at their first experience. At the end, we will go to the refreshment area to enjoy a delicious aperitif and celebrate the winner.

Excursion type: Experience with aperitif | **Location:** Perugia | **Duration:** 1 hour

Meeting point: Perugia (PG)

Period of execution: All year round, every day – subject to availability

Requirements: Suitable for all | **Minimum participants:** 2 adults (max. 12 people) | **Min. age:** 8 years

Services included:

- Equipment;
- Aperitif in the refreshment area;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults and children under 12: € 75,00

BRAZILIAN SHOW WITH SAMBA DANCER



“Brasil, meu Brasil brasileiro...” For bachelor parties, weddings, divorce parties, birthday parties, graduation parties, group entertainment, pool parties, private events and corporate events; directly from Rio de Janeiro, showing off her wonderful and colorful typical Samba do Brasil costumes, a splendid Brazilian dancer will transfer us directly overseas showing us the art of this sensual, refined and at the same time sparkling dance.

To the rhythm of infectious and lively songs from the Brazilian musical repertoire, this phenomenal tropical dancer will liven up your evening not only dancing, but also introducing you to a facet of Brazilian culture that not everyone knows. The show lasts about 2 hours and there are several exits with different costumes. At the end of the show you can take pictures with the dancer and even take a few steps! Why not? *Vamos!*



Excursion type: Animation

Duration: 2 hours

Availability: All year round, every day – subject to availability;

Requirements: Suitable for everyone and any occasion;

Services included:

- Show of Brazilian dances with dancer;

Not included: Tips and anything not mentioned under "services included".

PRICE: PRICE UPON REQUEST

DAY TRIPS

Combine them and create your own multi-day tour!



RIVER AND BARBEQUE: WILD ADVENTURE

Combine adrenaline and taste in a single outdoor day!

Let yourself be captivated by the magic of the **Valnerina**, a land where Umbrian nature reveals its most authentic and wild side. Here, among fragrant woods, crystal-clear waters, and the ancient sounds of the river, you'll enjoy an



experience that speaks to the heart and the senses. After a **brief meeting with your guide**, a small group of people, and a strong desire for adventure, you'll set off aboard a rubber dinghy along the Nera River, lulled by the rhythm of the water and the sound of birdsong. The gentle, lively currents will be the path you will have to follow: a short course in natural survival to learn to read the river, to move in harmony with it, to feel the strength and calm that only water can convey. Once you reach the shore, a moment all your own awaits, away from everything and everyone: a private outdoor barbecue, in a corner of paradise on the banks of the Nera River. The scent of the embers, the rustling of the leaves, the sound of the river, and

the authentic flavors of Umbria will make lunch an unforgettable sensory experience.

Lunch menu: Typical Umbrian appetizer, mixed grill of sausages and steaks, salad with fresh vegetables, water, wine, and soft drinks.

After lunch, the journey continues with a thrilling experience: we will provide you with tickets for a self-guided visit to the majestic Marmore Falls, the highest man-made waterfalls in Europe. The roar of the water crashing into the valley, the cool mist on your face, and the play of light amidst the spray will provide a spectacular finale. The Marmore Falls offers numerous trails of varying difficulty for trekking and nature lovers. The trails are well-marked, and in about forty minutes you can climb from the lower to the upper lookout point, enjoying splendid views of the waterfall from various perspectives. A full day dedicated to nature, adventure, and relaxation, accompanied by our guide who will help you discover the most authentic Umbria, with its sounds, its scents, and its unmistakable harmony. Discover the pleasure of experiencing nature, not just looking at it!



IMPORTANT NOTES

- To ensure maximum safety, each dinghy is led by at least one experienced and licensed guide.
- Each member of the group uses their own paddle, following the guide's directions.
- All technical equipment is provided: wetsuits and neoprene shoes, helmets and life jackets.

Excursion type: Adventurous excursion with Lunch + free visit | **Location:** Valnerina | **Duration:** FD

Meeting point: Valnerina | **Language:** ENG / ITA – other languages upon request;

Requirements: suitable for everyone | **Minimum participants:** 2 adults

Availability: From April 01 to July 14, September 01 to October 31 - everyday; from July 15 to July 31 - from Monday to Thursday; From August 01 to August 31 – **unavailable**.

Services included:

- Rafting descent on the river in Valnerina;
- Expert guide/instructor and equipment included;
- Private outdoor barbecue lunch with menu and drinks as described above;
- Entrance ticket to the Marmore Falls;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

PRICES: (2 – 4 pax): € 198,00 per person | (5 – 7 pax): € 182,00 per person | (8 -10 pax): € 167,00 per person

FROM THE WATERS TO THE RUINS: RIVER DESCENT & SUNSET TREK TO THE GHOST TOWN WITH AN APERITIF

An adventure through water, history, and age-old silence: discover Valnerina like you've never seen it before!

In the green heart of Umbria, where nature remains authentic and untouched, an experience that combines adrenaline, wonder, and awe awaits you. Our adventure begins in Valnerina, a valley where time seems to pass more slowly, following the rhythm of the river. After a short briefing with the instructor, you'll wear the wetsuit, neoprene shoes, helmet, and life jacket. Along with the other participants, you'll board the rubber dinghy and, guided by an expert, you'll be carried along by the crystal-clear waters of the river. This is where the journey begins: an adventurous journey, as thrilling as a movie scene, learning to read the currents, navigate them, and feel part of a living, breathing environment. As the rubber dinghy glides through the river, you'll be surrounded by lush forests, rich scents, and natural sounds: a total immersion in the tranquility and beauty of the Valnerina.



Once you reach the valley, the experience continues, but this time on foot. A trek of about 8 km begins along a path that gently climbs to the mysterious ghost town of Umbriano. Here, the ancient castle—with its still-intact watchtower—dominates the landscape, perched on the rock and protected by dense vegetation. The village, abandoned in the 1950s, retains a suspended, almost unreal atmosphere. Exploring its walls and ruins is like being a child again: you'll find yourself imagining the lives, stories, and whispers that still inhabit these stones steeped in the past. Then, as the sun begins to set, we'll stop to enjoy an aperitif at sunset: a perfect moment, with the golden light caressing the mountain and a 360° view of the

entire valley. A breathtaking scene! Finally, with our hearts full and our gaze still turned toward that enchanting horizon, we will resume our journey home, cherishing within us the memory of a simply unforgettable day.

IMPORTANT NOTES

- To ensure maximum safety, each dinghy is led by at least one experienced and licensed guide.
- Each member of the group uses their own paddle, following the guide's directions.
- All technical equipment is provided: wetsuits and neoprene shoes, helmets and life jackets.
- For the trek to the ghost town of Umbriano, you need to wear comfortable shoes with good grip.

Excursion type: Adventurous excursion + trekking excursion with aperitif | **Location:** Valnerina | **Duration:** 4H30M

Meeting point: Valnerina | **Language:** ENG / ITA – other languages upon request;

Requirements: suitable for everyone | **Minimum participants:** 2 adults

Availability: From April 01 to July 31, Sept. 01 to Oct. 31 - everyday; from August 01 to August 31 – **unavailable**.

Services included:

- Rafting descent on the river in Valnerina;
- Expert guide/instructor and equipment included;
- Trekking excursion to discover the ghost town of Umbriano with private guide;
- Aperitif at sunset after the trekking to the Ghost Town;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

PRICES: (2 – 4 pax): € 179,00 per person | (5 – 7 pax): € 159,00 per person | (8 – 10 pax): € 145,00 per person

GUIDED TOUR OF ORVIETO WITH LUNCH & ORVIETO UNDERGROUND

The day begins with a guided tour of Orvieto, an ancient city of Etruscan origin which dominates the valley of the Paglia river from the top of the tuff cliff on which it stands. A beautiful place to visit with a unique history dating back millions of years. Let's take a walk through the historic center of Orvieto and visit the Cathedral of Santa Maria Assunta, better known as the Duomo, a magnificent masterpiece of Gothic and Romanesque architecture, one of the most important in Europe. Another symbol of the city, just a few steps from a breathtaking viewpoint, is the Pozzo di San Patrizio, a spectacular 16th-century engineering work that you can even climb! Lunch in a local restaurant – drinks included.



Once upon a time... a city. It seems like the beginning of a fairy tale, but instead it is the beginning of a story which, like an old fairy tale, tells of an almost incredible adventure: the discovery of a city under another city. The city is Orvieto, which already seems to have come out of the pages of a book of fairy tales, perched on a high cliff, with the peripheral verticality that isolates it from the rest of the world. A cliff which, even if it supported the city for three thousand years, still proves to be inexperienced in carrying out such a well-known task: collapses, landslides and tremors have always made its inhabitants wary, due to the fragility of the rocks that compose it: tuffs and pozzolans, extremely brittle materials that can almost be scratched off with fingernails. But it is for this same reason that these materials can easily be excavated, drilled, to open a cave... two... one hundred... one thousand. The guided tour of the underground Orvieto represents the most appropriate tool to get in touch with this very particular cultural aspect of a city very rich in history and artistic jewels. Step by step mysterious and fascinating echoes speak of the Etruscan Velzna, while ghosts of the medieval and Renaissance city shine through the damp shadows. Where the tortuous underground path runs parallel to the cliff, from panoramic openings the day contends with the dark a succession of tunnels, stairs, passages unexpected and overlapping rooms.



Excursion type: Guided excursion with lunch | **Location:** Orvieto | **Duration:** FD

Meeting point: Orvieto | **Language:** ENG / ITA / SPA – other languages upon request;

Period of execution: All year round, every day – subject to availability

Requirements: suitable for everyone | **Minimum participants:** 2 adults

Services included:

- Private tour guide - half day;
- Guided visit to Orvieto Underground (group visit);
- Lunch in a local restaurant – drinks included;
- Entrance ticket to sites of interest and attractions;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 285,00 | Children under 12: € 129,00

GUIDED TOUR OF SPELLO – COOKING LESSON “LET’S MAKE PASTA!” WITH LUNCH

GUIDED TOUR OF ASSISI IN THE AFTERNOON

This morning we go to Spello, or in the words of Julius Caesar the "Splendidissima Colonia Julia", an enchanting village of Roman origin, counted among the most beautiful villages in Italy, thanks to its rich environmental, cultural and artistic heritage. Let's take a walk through the alleys admiring the Torri Di Properzio, visiting the Church of Santa Maria Maggiore and the Baglioni Chapel, with a Deruta majolica floor and frescoes by Pinturicchio.



After the visit of Spello, we reach a renowned farmhouse in the valley for a very tasty experience: pasta cooking class and lunch! Nothing makes us as famous around the world as pasta! And nothing can make us feel at home while we're away like a forkful of this dish, so simple yet so tasty! But do we really know its secrets and regional specialties? In a delightful farmhouse among the olive trees, we will learn the biological phases of the product from the grain to the grinding, we will learn to recognize the various types of flour, the flour processing techniques, the seasons and their crops, and we will experience the flour processing in the typical Umbrian pasta. At the end of the class, we will enjoy a delicious pasta dish and some local delicacies!



Then let's go to the discovery of Assisi, a Franciscan place par excellence, not only in Umbria and Italy, but throughout the world. Let's take a walk through its charming alleys, admiring the most notable places in the city: Basilica of San Francesco, Church of Santa Chiara, Piazza del Comune, Cathedral of San Rufino, Church of San Damiano. Radio guide for visiting the Basilica of San Francesco included.

Excursion type: Guided excursion + Cooking Class with lunch | **Location:** Spello - Assisi | **Duration:** FD

Meeting point: Spello (PG) | **Language:** ENG / ITA – other languages upon request;

Period of execution: All year round, every day – subject to availability

Requirements: suitable for everyone | **Minimum participants:** 2 adults

Services included:

- Private tour guide in Spello and Assisi;
- Entrance fee to Cappella Baglioni in Spello and Radio guide for Assisi's Basilica included;
- Cooking class "Let's make pasta!" which includes: work kit, ingredients and guided tour of the farm;
- Lunch in a farmhouse with drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 398,00 | Children under 12: € 195,00

GUIDED TOUR OF PERUGIA WITH LUNCH - LA PERUGINA CHOCOLATE FACTORY

Perugia, the capital of the Umbria region, is worth a visit not only for the beauty of its hillside location, but also for its beautiful old buildings. Before coming under Roman rule, ancient Perusia was one of the twelve cities of the Etruscan federation and considerable sections of the Etruscan wall, which extended 2,800 meters around the town, have been preserved. Perugia is known in the art world as the center of the Umbrian School of Painting in the 15th and 16th centuries and its greatest exponents, Pietro Vannucci (called Perugino) and Bernardino Betti (called Pinturicchio) worked here. The young Raphael worked in Perugino's studio until 1504. You will find works by all three in Perugia's churches and public buildings.



During our stay in Perugia, we will pay a visit to the Casa del Cioccolato Perugina, located inside the renowned Perugina chocolate factory. A magical place where you can taste fine chocolate and enjoy a rich collection of images, labels, posters, gift boxes and special ancient machines for producing chocolate and its most famous product, the *BACIO*.



Excursion type: Guided excursion with lunch + tasting | **Location:** Perugia | **Duration:** 5 hours approximately

Meeting point: Piazza Partigiani, Perugia (PG) | **Language:** ENG / ITA – other languages on request;

Period of execution: All year round, every day – subject to availability;

Requirements: suitable for everyone | **Minimum participants:** 2 adults

Services included:

- Private tour guide for Perugia guided tour;
- Lunch in a local restaurant in Perugia – drinks included;
- Entrance ticket to the Perugina Chocolate House with tasting included;
- Perugina Chocolate House group guided visit;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 259,00 | Children under 12: € 99,00

CARRIAGE RIDE AMONG THE VINEYARDS WITH VISIT TO WINERY AND TASTING ASSISI GUIDED TOUR WITH PRIVATE TOUR GUIDE IN THE AFTERNOON

In the morning, we will reach a renowned winery near Assisi for a pleasant experience. We will travel among the vineyards of the spectacular Umbrian valley in a carriage pulled by two magnificent horses! We will have an extraordinary point of view to enjoy the beauty of the Umbrian vineyards followed by the experience of a food and wine tour and tasting at one of the most popular wineries in our region. During this activity we will get in touch with the organic philosophy of the vineyards: a unique experience that combines the charm of rural life of the past with modern organic awareness, based on the production of high quality food in full respect of local natural resources. At the end of the ride, we will enjoy a delicious tasting of organic wine, Umbrian cured meats and other typical products.



After lunch, we reach Assisi and meet the tour guide that will show us the city of peace. *Pax et Bonum!* This is the greeting with which Assisi welcomes you, a Franciscan place par excellence, not only in Umbria and Italy, but throughout the world. In fact, St. Francis was born in Assisi in 1182; in the place where his birthplace is believed to have been located, today stands the New Church. It is in Assisi that he is baptized, in the Cathedral of San Rufino, it is among its alleys that he spends his youth dreaming of a future as a valiant knight, it is here, where today the Church of Santa Maria Maggiore is located, in Piazza del Vescovado, that strip by repudiating earthly goods for the love of God and brothers. It is still in Assisi, in the Church of San Damiano, that praying in front of the crucifix, he receives the task of renewing the Church of Christ, it is in the town square that he begins his preaching and his work of charity and peace, and finally here who died in 1226. His remains are kept in the Basilica of San Francesco, but the saint still lives today in every stone of Assisi. Walk through its enchanting alleys and **guided visit** to the Franciscan places.



Excursion type: Guided excursion with lunch + tasting | **Location:** near Assisi, Assisi | **Duration:** FD
Meeting point: Assisi (PG) | **Period of execution:** All year round, every day – subject to availability
Requirements: suitable for everyone | **Minimum participants:** 2 adults | **Language:** ENG / ITA – other on request;
Services included:

- Horse-drawn carriage ride through the vineyards (it may be shared with other participants);
- Guided visit to a renowned wine cellar near Assisi;
- Light lunch in winery with tasting of Umbrian typical products and 4/5 types of wine;
- Guided tour of Assisi with private tour guide;
- Radio guide for visiting the St. Francis Basilica included.

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 295,00 | Children under 12: € 95,00

***NB:** Tour in English and Italian; tours in other languages with an extra cost.

MONTEFALCO GUIDED TOUR - VISIT TO THE VINEYARD WITH LUNCH IN WINERY



Montefalco is known as the Railing of Umbria and from this city you can enjoy a breathtaking 360° view over the entire Umbrian Valley. Among its many attractions we have: the city walls, the Torre del Verziere, the Church of Sant'Agostino, Piazza del Comune, the San Francesco Museum Complex, the Church of Santa Chiara, the belvedere. We will visit the historic center and a local winery to taste the famous "Rosso Montefalco" and "Sagrantino", the pride of local agriculture.



You cannot visit Umbria without savoring its food and wine delights. The viticulture of our region has its origins in the time of the Etruscans and the ancient Umbrian people, who exploited the excellent predisposition of the soil for agriculture and the climatic conditions favorable for the cultivation of the vine. To date, Umbria has about 13,000 hectares of vineyards, where the quality of the production, rich in native varieties of great value, and environmental sustainability, are the cornerstones of its competitiveness. Furthermore, the gastronomy of the region offers many DOC and DOP certified delicacies by quality level. The excursion will take you to the deepest secrets of our cuisine. You will visit a renowned winery and oil mill near Montefalco and you will taste some local specialties... Enjoy your meal!

Excursion type: Guided excursion with lunch + tasting | **Location:** Montefalco (PG) | **Duration:** HD

Meeting point: Montefalco (PG) | **Language:** ENG / ITA – other languages upon request;

Period of execution: All year round, every day – subject to availability

Requirements: suitable for everyone | **Minimum participants:** 2 adults

Services included:

- Guided tour of Montefalco with private tour guide;
- Guided tour of the wine cellar and oil mill near Montefalco;
- Food and wine tasting in winery – Umbrian products, olive oil, several types of wine;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 225,00 | Children under 12: € 75,00

RIVER RAFTING ADVENTURE WITH LUNCH – VISIT TO THE MARMORE FALLS

During this one-day tour we will live an experience of great emotional impact, between adrenaline and ever new landscapes in just a few strokes of the oar; rafting is certainly one of the most fun and exciting activities to experience in Umbria. On board an unsinkable dinghy, we launch ourselves into an adventurous descent on streams, pushed by the water currents, among otherwise inaccessible places of great naturalistic interest: rock walls, waterfalls, woods and large meadows. The necessary equipment will be provided. Changing rooms with hot showers upon arrival from the descent. Afterwards, we will go to a typical Umbrian restaurant to enjoy a delicious three-course lunch.



A few kilometres, and you will be able to reach the Marmore Falls, which with its 165 meters divided into 3 jumps, is the highest in Europe. The waterfall is located in the Terni Valnerina area and in the Nera River Park, also known as the Parco delle Acque, a protected area that finds its point of excellence right in the waterfall: an environment extraordinarily rich in cultural, historical and environmental testimonies. You will have time to independently visit the paths of the waterfall, relax at one of the many viewpoints, refresh yourself at a refreshment point, buy some souvenirs and above all take photos and selfies to bring the extraordinary beauty of this place with you. **Guided visit of The Marmore Falls and entrance ticket included.**



Excursion Type: Adventurous Excursion with Lunch + free visit | **Location:** Valnerina | **Duration:** FD

Meeting point: Valnerina | **Period of execution:** From April to November, every day – subject to availability

Requirements: suitable for everyone | **Minimum participants:** 2 adults

Language: ENG / ITA – other languages upon request;

Services included:

- “Rafting adventure on the river in Valnerina” excursion;
- Expert guide/instructor and equipment included;
- Lunch in a local restaurant – drinks included;
- Entrance ticket to the Marmore Falls;
- Guided visit of the Marmore Falls with private guide;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 286,00 | Children under 12: € 179,00

KAYAK RIDE IN THE VALNERINA VALLEY WITH LUNCH and MARMORE FALLS

During the first part of this one-day tour, you will have the opportunity to live an authentic experience of great emotional impact aboard an inflatable kayak. Kayaking is certainly one of the most exciting activities that can be done in Umbria. It is an activity that can be shared with family or friends; it is suitable for both adults and families with children as it does not require great skill and familiarity. Accompanied by our expert instructors, who will guide you in total safety, you will be fascinated by the beauty of the surrounding landscapes and by the wonderful colors and sounds around the Valnerina Valley. The necessary equipment will be provided. Hot showers and changing rooms await you at the end of the slope. Afterwards, we will go to a typical Umbrian restaurant to enjoy a **delicious lunch**.



A few kilometers, and you will be able to reach the Marmore Falls, which with its 165 meters divided into 3 jumps, is the highest in Europe. The waterfall is located in the Terni Valnerina area and in the Nera River Park, also known as the *Parco delle Acque*, a protected area that finds its point of excellence right in the waterfall: an environment extraordinarily rich in cultural, historical and environmental testimonies. You will have time to independently visit the paths of the waterfall, relax at one of the many viewpoints, refresh yourself at a refreshment point, buy some souvenirs and above all take photos and selfies to bring the extraordinary beauty of this place with you. Entrance ticket included.



Excursion Type: Adventurous excursion with Lunch + free visit | **Location:** Valnerina | **Duration:** FD

Meeting point: Valnerina | **Period of execution:** From April to November, every day – subject to availability

Requirements: suitable for everyone | **Minimum participants:** 2 adults | **Language:** ENG / ITA – other upon request;

Services included:

- Excursion "Kayak ride on the river in Valnerina";
- Expert guide/instructor and equipment included;
- Lunch in a local restaurant – drinks included;
- Entrance ticket to the Marmore Falls;
- Guided visit of the Marmore Falls with private guide;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 286,00 | Children under 12: € 179,00

GUIDED TOUR OF ASSISI WITH LUNCH – ATV QUAD ADVENTURE WITH APERITIF

Pax et Bonum! This is the greeting with which Assisi welcomes you, a Franciscan place par excellence, not only in Umbria and Italy, but throughout the world. In fact, St. Francis was born in Assisi in 1182; in the place where his birthplace is believed to have been located, today stands the New Church. It is in Assisi that he is baptized, in the Cathedral of San Rufino, it is among its alleys that he spends his youth dreaming of a future as a valiant knight, it is here, where today the Church of Santa Maria Maggiore is located, in Piazza del Vescovado, that strip by repudiating earthly goods for the love of God and brothers. It is still in Assisi, in the Church of San Damiano, that praying in front of the crucifix, he receives the task of renewing the Church of Christ, it is in the town square that he begins his preaching and his work of charity and peace, and finally here who died in 1226. His remains are kept in the Basilica of San Francesco, but the saint still lives today in every stone of Assisi. Walk through its enchanting alleys and visit the Franciscan places. **Lunch in a local restaurant with drinks included.**



In the afternoon we will have an exciting experience, we will visit the nature that surrounds Assisi and Monte Subasio by quad. Driving a quad surrounded by greenery is a truly incredible experience! Few can resist the temptation to go back after trying it just once. Its versatility, combined with the ease of driving even with two people, make it a fun means of transport on any terrain: mud, stones, water, the Quad doesn't ask for anything better! Furthermore, no particular riding skills are required: after the first few meters you will already be able to move with confidence, and as soon as you have completed the first kilometers you will never want to get off the saddle! The excursion is guided along a naturalistic path of about 2 hours with a pleasant stop in the woods, in the middle of nature, for a delicious aperitif included.



Excursion Type: Adventurous excursion with Lunch + Guided Tour | **Location:** Assisi | **Duration:** FD

Meeting point: Assisi (PG) | **Period of execution:** From April to November, every day – subject to availability

Requirements: suitable for everyone | **Minimum participants:** 2 adults | **Language:** ENG / ITA – other upon request;

Services included:

- Guided tour of Assisi with private tour guide;
- Radio guide for visiting the Basilica of San Francesco included;
- Lunch in a local restaurant – drinks included;
- 2-hour guided ATV quad excursion to Assisi (1 quad for 2 people);
- Aperitif in the woods during the quad excursion;
- Expert instructor / guide and registration fee included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 345,00 | Children under 12: € 155,00

TRUFFLE HUNT IN THE WOODS WITH LUNCH - VISIT OF RASIGLIA WITH TOUR LEADER

Truffle hunting in Umbria is a millenary tradition. Umbria produces the largest quantity of black truffles in Italy, and its quality is famous all over the world. Today, with the truffle hunter and his faithful 4-legged friend, we will experience an authentic truffle hunt and discover all the secrets of this millenary activity. That of the truffle hunter is an ancient profession, made of great love for the territory, of intelligent observation, of waiting and also of deep satisfaction. We will make use of his expert guidance, assisted by an incomparable assistant dog, to learn the secrets of this noble tuber: research with the dog, extraction and cultivation, through a naturalistic itinerary of great beauty. And for those who will still have questions at the end of the hunt? Do not worry, the experience will end with a delicious lunch in the wood with truffle and other typical Umbrian products – wine included, that will clear up any doubts!



Umbria is also the region of ancient villages. After lunch we will take you to discover one of these jewels, Rasiglia, the village of streams. The town, which retains the typical characteristics of the medieval village gathering in an amphitheater structure, is famous for its springs: walking through the suggestive alleys of the center it is impossible not to be enchanted by the waterways that cross the town, making it unique and charming. Even today, the life of Rasiglia continues to be marked by water: the element that passes through weaving, wool processing and dyeing which is revived through an ancient tradition, dating back to the 1200s.

Type of excursion: Food and wine with lunch + guided visit

Location: Assisi, Rasiglia | **Duration:** FD

Meeting point: Assisi (PG) | **Language:** ENG / ITA

Requirements: suitable for everyone

Minimum participants: 2 adults

Period of execution: From April to November, every day;

Services included:

- Truffle hunting experience with truffle hunter;
- Private English-speaking tour leader / tour guide;
- Lunch in the wood, with truffle, starter, main course (meat), typical products and wine included;
- Private cook;
- Visit of Rasiglia with tour leader;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".



PRICE PER PERSON

- **2 pax (min 2 adults):** € 475,00 per person
- **3 pax – 8 pax:** Adults: € 389,00 | Children under 12: € 85,00 (*children's menu*)

SIBILLINI MOUNTAINS PARK: CASTELLUCCIO DI NORCIA FLOWERING¹

LUNCH & GUIDED VISIT OF NORCIA IN THE AFTERNOON

A mosaic of colors awaits us, from yellow ocher to red, from lilac to indigo... it is the flowering of Castelluccio di Norcia, in the suggestive setting of the Monti Sibillini Park, a feast for the eyes and the heart: lentils (characteristic and in Castelluccio, of which they constitute one of the most typical products), gentianellas, poppies, daffodils, violets, daffodils, Eugeniae violets, clovers, sorrel and many other blooms which our expert guide will tell us about. After an exciting walk, during which we will take breathtaking photos, we will enjoy a typical Umbrian lunch.



At the foot of the Monti Sibillini National Park, Norcia has kept its charm intact despite the wounds of the earthquake. We visit the splendid historic center and enjoy some free time to shop in the local butcheries. Indeed, Norcia owes much of its fame to the ancient tradition of butchery. Particularly appreciated is the raw ham of Norcia, but also other cured meats, caciotta and pecorino of the best quality, all processed on the spot with the guarantee of maximum authenticity and the authentic taste of rustic Umbrian cuisine. **Lunch in local restaurant.**



¹ Flowering can only be seen from about July 1st to July 20th.



Excursion type: Guided tour with lunch | **Location:** Castelluccio di Norcia, Norcia | **Duration:** FD
Meeting point: Castelluccio (PG) | **Language:** ENG / ITA / SPA – other languages upon request;
Period of execution: Flowering (July) - **Guided tours:** all year round, every day - subject to availability
Requirements: suitable for everyone | **Minimum participants:** 2 adults
Services included:

- Private tour guide – full day;
- Lunch in a local restaurant in Norcia – drinks included;
- Guided tour of Norcia with private tour guide;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults € 325,00 | Children under 12 € 149,00

SPELLO AND TREVI GUIDED TOUR – LUNCH IN WINERY – TOUR OF MONTEFALCO

The Consular Gate marks the entrance to the city of Spello or, as Julius Caesar called it, the "Splendidissima Colonia Julia", an enchanting village of Roman origin, counted among the most beautiful villages in Italy, thanks to its environmental wealth, cultural heritage and artistic. Spello still retains traces of its historical past with the ancient walls and the Towers of Properzio which protect Porta Venere, another access point to the town. The church of Santa Maria Maggiore can be reached walking through suggestive alleys and ancient streets, along which overlook flowered balconies and which, over time, have become true symbols of the city, and still remain one of the most coveted. The church holds an artistic treasure inside: the Baglioni Chapel, with a Deruta majolica floor and frescoes by Pinturicchio. Spello also boasts a very rich art gallery and, just outside the walls, a wonderful museum complex known as the "Villa Dei Mosaici", which has brought to light 500 square meters of precious mosaics whose central theme is the grape harvest and wine.



Another unmissable stop on our tour in Umbria is the visit of Trevi. Trevi, built in Roman times, is the City of Oil and is counted among the most beautiful villages in Italy! Surrounded by olive trees, Trevi preserves remains dating back to the Roman Empire, such as the mighty walls of the 1st century BC, and medieval ones such as Porta del Bruscito, Porta del Cieco, Porta San Fabiano, and the Arch of Mostaccio which create a particularly fascinating atmosphere. Not to be missed are the Church of Sant'Emiliano (patron saint of Trevi), the Sanctuary of the Madonna delle Lacrime, the Church of San Giovanni Decollato, the Church of San Francesco, Piazza Mazzini and Casa Petrucci.



Afterwards, we will reach an important farm where we will visit the oil mill and a cellar. Here, in addition to a delicious lunch, we will have the opportunity to taste the oil and wine that are produced in this city.



In the early afternoon we reach Montefalco. An Umbrian village of incredible history and beauty, Montefalco is surrounded by vineyards and olive groves, located on the top of a hill overlooking the plain of the Topino and Clitunno rivers. Montefalco is called the "Balcony of Umbria"; from its vantage points, in fact, it is possible to admire a 360-degree panorama of the entire valley between Perugia and Spoleto, from the slopes of the Sub-Apennines to those of the Martani Mountains. The village, which develops in a halo of suggestive paved alleys all around the marvelous central square, boasts numerous points of great interest: the city walls, the Torre del Verziere, and the magnificent museum complex of San Francesco. The complex, built by the Friars Minor between 1335 and 1338, houses spectacular frescoes by Benozzo Gozzoli depicting episodes from the life of St. Francis, and numerous other works of great beauty and priceless value. Wine also makes this city proud: the prized "Sagrantino di Montefalco" is the red wine that has made Umbria famous throughout the world for its wine production. The Sagrantino vine grows only here, or rather, it is in the green hills that surround this town that it obtains the best results, thanks to a combination of factors such as the composition of the soil, the microclimate and the skilful care of the vinedressers, which are conserved and handed down with passion for generations and generations.



Excursion type: Guided tour with lunch/food and wine tasting | **Locations:** Spello, Trevi, Montefalco

Duration: FD | **Meeting point:** Spello | **Language:** ENG / ITA / SPA – other languages upon request;

Period of execution: All year round, every day – subject to availability

Requirements: suitable for everyone | **Minimum participants:** 2 adults

Services included:

- Private tour guide in Spello and Trevi;
- Entrance to Cappella Baglioni in Spello included;
- Guided visit to the oil mill and cellar with tasting;
- Lunch in winery;
- Guided tour of Montefalco with private guide;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 315,00 | Children under 12: € 95,00

GUIDED TOUR OF CASCIA WITH LUNCH IN LOCAL RESTAURANT

Founded in Roman times, Cascia experienced its greatest splendor in the Middle Ages. Located in the most mountainous area of Umbria, Cascia owes its importance to the sanctuary erected in the name of Santa Rita, one of the most important spiritual centers in the region and a famous pilgrimage destination. Lunch in a local restaurant and free time in the afternoon to visit this spiritual village and buy souvenirs in the local shops.



Excursion type: Guided religious tour with lunch | **Location:** Cascia | **Duration:** HD

Meeting point: Cascia (PG) | **Language:** ENG / ITA / SPA – other languages upon request;

Period of execution: All year round, every day – subject to availability

Requirements: suitable for everyone | **Minimum participants:** 2 adults

Services included:

- Guided visit of Cascia with private tour guide;
- Lunch in a local restaurant – drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 198,00 | Children under 12: € 99,00

HOT-AIR BALLOON FLIGHT WITH TASTING AND GUIDED TOUR OF ASSISI

We get up early in the morning to experience one of the most beautiful and exciting experiences you can ever imagine: in a hot air balloon over Umbria! It is not only an indisputably privileged point of view to observe the beauties of the region, but also an extraordinary adventure to be preserved forever. At the end of the one-hour flight, we will enjoy a large brunch where we will taste typical products and wines at a renowned winery in the Assisi area. We will then reach Assisi and meet our guide to take a guided tour.



Pax et Bonum! Pax et Bonum! This is the greeting with which Assisi welcomes you, a Franciscan place par excellence, not only in Umbria and Italy, but throughout the world. In fact, St. Francis was born in Assisi in 1182; in the place where his birthplace is believed to have been located, today stands the New Church. It is in Assisi that he is baptized, in the Cathedral of San Rufino, it is among its alleys that he spends his youth dreaming of a future as a valiant knight, it is here, where today the Church of Santa Maria Maggiore is located, in Piazza del Vescovado, that strip by repudiating earthly goods for the love of God and brothers. It is still in Assisi, in the Church of San Damiano, that praying in front of the crucifix, he receives the task of renewing the Church of Christ, it is in the town square that he begins his preaching and his work of charity and peace, and finally here who died in 1226. His remains are kept in the Basilica of San Francesco, but the saint still lives today in every stone of Assisi. Walk through its enchanting alleys and guided tour of the Franciscan places.



Excursion type: Luxury experience with tasting + guided tour | **Location:** Assisi (PG) | **Duration:** HD

Meeting point: near Assisi | **Language:** ENG / ITA – other languages upon request;

Period of execution: From April to November 1, every day – subject to availability;

Requirements: suitable for everyone | **Minimum participants:** 2 adults | **Min. age for balloon flight:** 6 years old

Services included:

- Hot air balloon flight with expert pilot;
- Abundant breakfast with tasting in the cellar;
- Guided tour of Assisi with private tour guide;
- Radio guide for visiting the Basilica of San Francesco included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 345,00 | Children under 12: € 235,00

HORSE RIDE WITH LUNCH – GUIDED TOUR OF PERUGIA

"By riding a horse, we borrow freedom" - Helen Thompson. In the first part of this day, we will have a very pleasant experience: a walk in the countryside, surrounded by greenery, caressed by the wind, in contact with a specimen of such rare pride, elegance, strength, patience and intelligence; it can't be just a sport, but an indispensable experience. The beneficial and relaxing relationship that is created with the horse makes horse riding a privileged tool for participating in nature, approaching others and self-awareness, as well as bringing undoubted benefits to health. Our guide will provide you with some valuable information on how to relate to this lovable friend and will then take you on a pleasant horse ride, also suitable for those who have never approached this exciting experience before.



Typical lunch in a local restaurant - drinks included and in the afternoon, visit of Perugia.

Perugia, the capital of the Umbria region, is worth a visit not only for the beauty of its hillside location, but also for its beautiful old buildings. Before coming under Roman rule, ancient Perusia was one of the twelve cities of the Etruscan federation and considerable sections of the Etruscan wall, which extended 2,800 meters around the town, have been preserved. Perugia is known in the art world as the center of the Umbrian School of Painting in the 15th and 16th centuries and its greatest exponents, Pietro Vannucci (called Perugino) and Bernardino Betti (called Pinturicchio) worked here. The young Raphael worked in Perugino's studio until 1504. You will find works by all three in Perugia's churches and public buildings.



Excursion Type: Adventure Experience with Lunch + Guided Tour | **Location:** Perugia (PG) | **Duration:** FD

Meeting point: near Perugia (PG) | **Language:** ENG / ITA – other languages upon request;

Period of execution: All year round, every day – subject to availability

Requirements: suitable for everyone | **Minimum participants:** 2 adults

Services included:

- 1-hour horseback ride with private instructor;
- Lunch in a local restaurant – drinks included;
- Guided tour of Perugia with private tour guide;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults € 269,00 | Children under 12: € 139,00

PERUGIA GUIDED TOUR WITH LUNCH IN LOCAL RESTAURANT AND SUNSET BOAT TOUR AT LAKE TRASIMENO WITH APERITIF ON BOARD INCLUDED

Perugia, the capital of the Umbria region, is worth a visit not only for the beauty of its hillside location, but also for its beautiful old buildings. Before coming under Roman rule, ancient Perusia was one of the twelve cities of the Etruscan federation and considerable sections of the Etruscan wall have been preserved, which stretched 2,800 meters around the town. Perugia is known in the art world as the center of the Umbrian School of Painting in the 15th and 16th centuries and its greatest exponents, Pietro Vannucci (called Perugino) and Bernardino Betti (called Pinturicchio) worked here. The young Raphael worked in Perugino's studio until 1504. You will find works by all three in Perugia's churches and public buildings. **Lunch in a local restaurant – drinks included.**



In the late afternoon we will reach the Trasimeno Lake area for a wonderful experience: a wonderful panoramic ride at sunset. Lake Trasimeno, one of the four largest lakes in Italy and the largest lake in central Italy, is a splendid body of water, surrounded by highly suggestive natural landscapes, ancient villages and historic houses. The boat ride will give us a privileged point of view to admire the breathtaking panorama that Lake Trasimeno offers.

Leaving an hour before sunset, we will have the opportunity to appreciate the beauty of this blue body of water, tinged with the colors of the

setting sun's rays, while admiring the wonderful ancient villages that surround the lake and its islands. To complete this spectacular experience: a delicious aperitif included on board! Return to harbor one hour after sunset.



Excursion type: Guided tour with lunch + luxury experience with aperitif | **Location:** Lake Trasimeno

Duration: FD | **Meeting point:** Lake Trasimeno | **Language:** ENG / ITA / SPA – other languages upon request;

Period of execution: From May to October, every day – subject to availability

Requirements: suitable for everyone | **Minimum participants:** 2 adults

Services included:

- Guided tour of Perugia with private tour guide;
- Lunch in a local restaurant – drinks included;
- Two-hour panoramic boat tour of Lake Trasimeno with expert skipper;
- Aperitif on board;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

PRICE PER PERSON

- **2 pax (min 2 adults):** € 544,00 per person
- **3 pax – 5 pax:** Adults: € 366,00 | Children under 12: € 189,00
- **6 pax – 8 pax:** Adults: € 230,00 | Children under 12: € 189,00

FARMER FOR A DAY: GRAPE/OLIVE HARVEST WITH LUNCH – PRIVATE MONTEFALCO GUIDED TOUR

Come and live a unique experience in the heart of Umbria, among its green hills, vineyards and olive groves, during two of the most fascinating moments of local agriculture: the grape harvest and the olive harvest. Early in the morning, you will reach a typical farm near Montefalco, where you will meet our passionate farmers, custodians of centuries-old traditions. It will be the perfect opportunity to immerse yourselves in their world and discover the secrets of the land. Become a farmer for a day: actively participate in the grape or olive harvest and experience firsthand the process that gives life to two of Umbria's excellences, wine and extra virgin olive oil. At the end of your experience, relax with a tasty snack or a light lunch among the vineyards or in the shade of the olive trees, and take home a small but precious gift: a bottle of our wine or oil. An experience that will enrich the heart and the senses!



In the early afternoon we reach Montefalco and meet the tour guide that will show us the city. An Umbrian village of incredible history and beauty, **Montefalco** is surrounded by vineyards and olive groves, located on the top of a hill overlooking the plain of the Topino and Clitunno rivers.

Montefalco is called the "Balcony of Umbria"; from its vantage points, in fact, it is possible to admire a 360-degree panorama of the entire valley between Perugia and Spoleto, from the slopes of the Sub-Apennines to those of the Martani Mountains. The village, which develops in a halo of suggestive paved alleys all around the marvelous central square, boasts numerous points of great interest: the city walls, the Torre del Verziere, and the magnificent museum complex of San Francesco. The complex, built by the Friars Minor between 1335 and 1338, houses spectacular frescoes by Benozzo Gozzoli depicting episodes from the life of St. Francis, and numerous other works of great beauty and priceless value.



Excursion type: Guided tour + lunch/food and wine tasting | **Location:** Montefalco and surroundings

Duration: FD | **Meeting point:** Montefalco | **Language:** ENG / ITA – other languages upon request;

Period of execution: Grape Harvest: September | Olive Harvest: Mid-October – November

Requirements: suitable for everyone | **Minimum participants:** 2 adults

Services included:

- "Grape Harvest" Experience / "Olive Harvest" Experience (depending on the period);
- Lunch in the vineyards or in the olive grove;
- A small gift to our farmers (a bottle of wine or oil);
- Guided tour of Montefalco with private tour guide;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 295,00 | Children under 12: € 75,00

ORVIETO AND ORVIETO UNDERGROUND GUIDED TOUR WITH LUNCH - VISIT OF TODI

The day begins with a guided tour of Orvieto, an ancient city of Etruscan origins which dominates the valley of the Paglia river from the top of the tuff cliff on which it stands. A beautiful place to visit with a unique history dating back millions of years. Let's take a walk through the historic center of Orvieto and visit the majestic Cathedral of Santa Maria Assunta, better known as the Duomo, a magnificent masterpiece of Gothic and Romanesque architecture, one of the most important in Europe. Another symbol of the city, a few steps from a breathtaking viewpoint, is the Pozzo di San Patrizio, a spectacular 16th-century engineering work that you can even climb!



Once upon a time... a city. It's like the beginning of a fairy tale; instead it is the beginning of a story which, just like an old fairy tale, tells of an almost incredible adventure: the discovery of a city under a city. The city is Orvieto, which already seems to have come out of the pages of a book of fairy tales, perched as it is on a high cliff, its peripheral verticality isolates it from the rest of the world. A cliff which, despite having supported the city for three thousand years, still proves to be inexperienced in carrying out a task of such great fame: collapses, landslides and tremors have always made its inhabitants suspicious. Blame the fragility of the rocks that compose it: tuff and pozzolana. Extremely brittle materials that can almost be scratched by fingernails. But precisely for this reason they are materials that can be easily excavated, drilled, to open a cave... two... one hundred... one thousand. **Typical Umbrian lunch at a local restaurant – drinks included.**



In the afternoon we will reach Todi, "The most livable city in the world" or "The ideal city", to admire its artistic and historical treasures: Roman cisterns, Church of San Fortunato, which preserves the tomb of Jacopone Da Todi in the crypt, Temple of Consolation del Bramante, the 12th century Cathedral built on the remains of the ancient temple to the god Apollo, potters' workshops, and more. **Guided visit of Todi.**



Excursion type: Guided tour with lunch | **Location:** Orvieto, Todi | **Duration:** FD

Meeting point: Orvieto | **Language:** ENG / ITA / SPA – other languages upon request

Period of execution: All year round, every day – subject to availability

Requirements: suitable for everyone | **Minimum participants:** 2 adults

Services included:

- Guided tour of Orvieto with a private tour guide;
- Guided visit to underground Orvieto (ticket included);
- Lunch in a local restaurant – drinks included;
- Entrance ticket to sites of interest and attractions;
- Guided tour of Todi with private tour guide;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 398,00 | Children under 12: € 149,00

GUIDED TOUR OF GUBBIO – GUIDED VISIT TO RENOWNED WINERY WITH 360° TASTING

Gubbio is one of the oldest cities in Umbria. Here you can breathe history from every stone and there are many traces of its glorious past: the Roman Theater from the 1st century AD, the Basilica of Sant'Ubaldo which dominates the city and houses the remains of the saint, patron saint of Gubbio, the Gothic Cathedral, the Church of Santa Maria Nuova which houses the fresco "The Madonna del Belvedere" by Ottaviano Nelli, a master painter and miniaturist who owes his birth to Gubbio. In the Palazzo dei Consoli, seat of the Pinacoteca Civica, we find the "Tavole Eugubine", seven bronze tablets bearing inscriptions in Umbrian characters from the 3rd and 2nd century BC. and Latin characters from the 2nd and 1st century BC, very important documents for the history of the Italic peoples.



You cannot visit Umbria without savoring its food and wine delights. The viticulture of our region has its origins in the time of the Etruscans and the ancient Umbrian people, who exploited the excellent predisposition of the soil for agriculture and the climatic conditions favorable for the cultivation of the vine. To date, Umbria has about 13,000 hectares of vineyards, where the quality of the production, rich in native varieties of great value, and environmental sustainability, are the cornerstones of its competitiveness. Furthermore, the gastronomy of the region offers many DOC and DOP certified delicacies by quality level. The excursion will take you to the deepest secrets of our cuisine. You will visit a renowned winery and taste some local specialties... Enjoy your meal!



Excursion type: Guided tour + food and wine tour with lunch/tasting | **Location:** Gubbio

Duration: HD | **Meeting point:** Gubbio (PG) | **Language:** ENG / ITA – other languages upon request

Period of execution: All year round, every day – subject to availability

Requirements: suitable for everyone | **Minimum participants:** 2 adults

Services included:

- Guided tour of Gubbio with private tour guide;
- Guided tour of a renowned winery;
- Lunch in wine cellar with complete food and wine tasting;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 245,00 | Children under 12: € 85,00

GUIDED TOUR OF ROCCAPORENA, CASCIA AND NORCIA WITH LUNCH IN RESTAURANT



Roccaporena, located only 6 kilometers from Cascia, is a village that has existed since the Middle Ages, when Santa Rita da Cascia was born there in 1381. It was in Roccaporena that the Opera di Santa Rita was founded, to promote the cult of the Saint, take care of and make her memories known in Roccaporena, do works of charity following her example by setting up an orphanage. At the end of the 19th century, Roccaporena became a meeting and excursion place for many Italian intellectuals for a decade. Not to be missed: Rock of Santa Rita, Via Crucis, Casa di Santa Rita, Miracle Garden, Sanctuary of Santa Rita, the Golden Grotto, Church of San Montano and the Lazaretto, originally a hospital where the Saint treated many sick people. After the visit of about an hour and a half of Roccaporena, we will continue our journey towards Cascia.



Founded in Roman times, Cascia experienced its greatest splendor in the Middle Ages. Located in the most mountainous area of Umbria, Cascia owes its importance to the sanctuary erected in the name of Santa Rita, one of the most important spiritual centers in the region and a famous pilgrimage destination. Visit of Cascia of about an hour and a half and free time to visit this spiritual village and buy souvenirs in the local shops. Continuation towards Norcia.



At the foot of the Monti Sibillini National Park, Norcia has kept its charm intact despite the wounds of the earthquake. We can freely visit the splendid historic center and enjoy some free time to shop in the local butcheries. Indeed, Norcia owes much of its fame to the ancient tradition of butchery. Particularly appreciated is the raw ham of Norcia, but also other cured meats, caciotta and pecorino of the best quality, all processed on the spot with the guarantee of maximum authenticity and the authentic taste of rustic Umbrian cuisine. **Lunch at a local restaurant included.**



Excursion type: Guided religious tour with lunch included | **Location:** Roccaporena, Cascia and Norcia

Duration: FD | **Meeting point:** Roccaporena

Period of execution: All year round, every day – subject to availability

Requirements: suitable for everyone | **Minimum participants:** 2 adults

Services included:

- Full day private tour guide;
- Lunch in a local restaurant – drinks included;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 375,00 | Children under 12: € 189,00

EREMO DELLE CARCERI AND GUIDED TOUR OF ASSISI WITH LUNCH IN LOCAL RESTAURANT VISIT OF SANTA MARIA DEGLI ANGELI IN THE AFTERNOON

A few kilometers from Assisi, at about 800 meters above sea level on the slopes of Monte Subasio, we will reach the Hermitage of the Carceri, the hermitage where St. Francis of Assisi and his followers retired to pray and meditate. It was donated by the Municipality of Assisi to the Benedictines, who gave it to St. Francis so that he was "imprisoned" in meditation. The Hermitage of the Carceri stands near some natural caves, frequented by hermits already in the early Christian age, and is found in a forest of holm oaks to which numerous stories of miracles performed by St. Francis are linked. Visit of this magical place and continuation towards Assisi, the city of peace.



Pax et Bonum! This is the greeting with which Assisi welcomes you, a Franciscan place par excellence, not only in Umbria and Italy, but throughout the world. In fact, St. Francis was born in Assisi in 1182; in the place where his birthplace is believed to have been located, today stands the New Church. It is in Assisi that he is baptized, in the Cathedral of San Rufino, it is among its alleys that he spends his youth dreaming of a future as a valiant knight, it is here, where today the Church of Santa Maria Maggiore is located, in Piazza del Vescovado, that strip by repudiating earthly goods for the love of God and brothers. It is still in Assisi, in the Church of San Damiano, that praying in front of the crucifix, he receives the task of renewing the Church of Christ, it is in the town square that he begins his preaching and his work of charity and peace, and finally here who died in 1226. His remains are kept in the Basilica of San Francesco, but the saint still lives today in every stone of Assisi. Walk through its enchanting alleys and guided tour of the Franciscan places. **Lunch in a local restaurant after the visit of Assisi – drinks included.**



In the afternoon, we will visit the Basilica of Santa Maria degli Angeli and the Porziuncola. Inside the Basilica of Santa Maria degli Angeli, at the foot of Assisi, is the "Porziuncola", a small church restored by San Francesco in which, in 1209, the saint founded the Order of Friars Minor, entrusting it to the protection of the Virgin Mary. The Porziuncola is the heart of Franciscanism, the place where Francis discusses the "Rule" of the order with his friars and seeks new life for preaching the Gospel in the world. In the complex of the Basilica, the courtyard of the roses is also kept. According to sources, one night Francis, seized by doubt and temptation, rolled among the brambles of the Rose Garden to test himself and not give in to what could have separated him from God and his mission. Upon contact with the saint's skin, the roses changed into thornless roses, giving rise to the "Rosa Canina Assisiensis", which since then continues to bloom only at the Porziuncola.



Excursion type: Guided religious tour with lunch | **Location:** Assisi (PG) | **Duration:** FD

Meeting point: Assisi

Period of execution: All year round, every day – subject to availability

Requirements: suitable for everyone | **Minimum participants:** 2 adults

Services included:

- Private tour guide for the *Eremo delle Carceri*;
- Guided tour of Assisi and Santa Maria degli Angeli;
- Lunch in a local restaurant with drinks included;
- Radio guide for visiting the Basilica di San Francesco;

Not included: Transfers, tips, extras and everything not mentioned in the "services included".

Price per person: Adults: € 379,00 | Children under 12: € 189,00

MONTEFALCO GUIDED TOUR - VISIT TO A WINERY WITH FOOD & WINE TASTING

GUIDED VISIT OF BEVAGNA WITH PRIVATE TOUR GUIDE IN THE AFTERNOON

An Umbrian village of incredible history and beauty, Montefalco is surrounded by vineyards and olive groves, located on top of a hill overlooking the plain of the Topino and Clitunno rivers. Montefalco is called the “Balcony of Umbria” (Ringhiera dell’Umbria) and from its lookout points, in fact, it is possible to admire a 360-degree panorama over the entire valley between Perugia and Spoleto, from the slopes of the Sub-Appennines to those of the Martani Mountains. The village, which develops in a halo of suggestive cobbled alleys all around the wonderful central square, boasts numerous points of great interest: the city walls, the Torre del Verziere, and the magnificent museum complex of San Francesco. The complex, built by the Friars Minor between 1335 and 1338, houses spectacular frescoes made by Benozzo Gozzoli depicting episodes from the life of St. Francis, and numerous other works of great beauty and inestimable value. We will have the guided visit of the old town and afterwards, we will reach a local winery in order to enjoy the famous Rosso Montefalco and Sagrantino, pride of the local agriculture.



Wine also makes Montefalco proud: the prized Sagrantino di Montefalco is the red wine that has made Umbria famous all over the world for its wine production. The Sagrantino vine grows only here, or rather, it is in the green hills around this village that it achieves the best results, thanks to a combination of factors such as the composition of the soil, the microclimate, and the skilled care of the winemakers, which are preserved and handed down with passion for generations and generations. You cannot visit Montefalco without visiting its beautiful vineyards, its local wineries, and enjoying its food and wine delights. After the guided visit of Montefalco, we will reach a **local winery**, a family-run business that combines tradition and quality, and we will learn everything related to their wine traditions. At the end of the guided visit, we will enjoy a delicious food and wine tasting.



Continuation towards Bevagna and guided tour with private tour guide. After lunch we will head to the ancient village of Bevagna, listed among Italy's most beautiful villages and which rises up to 225 meters above sea level. Bevagna offers the visitors peculiar details and an intact environment, the richness of historical evidence, the presence of a splendid square, the genuineness of wines and food, and an appreciated craft production. Bevagna is surrounded by walls and is rich in Roman and medieval monuments. In the afternoon we will have the guided visit of Bevagna and its most important monuments: Palazzo dei Consoli, which dates back to 1270, Piazza Silvestri, among the most important medieval squares in the region, the 12th century Church of San Michele, Church of San Silvestro - completed in 1195 and one of Binello's masterpieces, among the others.



Excursion type: Guided tour with lunch/food and wine tasting | **Locations:** Montefalco and Bevagna

Duration: FD | **Meeting point:** Montefalco | **Language:** ENG / ITA / SPA – other languages upon request;

Period of execution: All year round, every day – subject to availability

Requirements: suitable for everyone | **Minimum participants:** 2 adults

NB: Montefalco & Bevagna guided tours are private. The visit to the winery might be shared with other participants.

Services included:

- Guided tour of Montefalco with private tour guide;
- Guided tour of the winery near Montefalco;
- Light lunch in winery: typical Umbrian products and different types of wine;
- Bevagna guided tour with private tour guide;

Not included: Transfers, tips, extras, and everything not mentioned in the "services included".

Price per person: Adults: € 298,00 | Children under 12: € 98,00

CAMMINO DI SAN FRANCESCO (6 NIGHTS / 7 DAYS TOUR)

DETAILED PLAN

Day 1: WELCOME! – Arrival of pilgrims in Chiusi della Verna, hotel accommodation in the booked rooms, dinner and overnight stay.

Day 2: SANTUARIO FRANCESCANO DELLA VERNA - PIEVE SANTO STEFANO



Breakfast at the hotel and departure of the pilgrims towards the Franciscan Sanctuary of La Verna.

The sanctuary of La Verna is located in the Tuscan Apennines. The mountain, covered by a monumental forest of beech and fir trees, is visible from all over the Casentino and from the upper Val Tiberina and has an unmistakable shape with its peak (1283 m) cut straight into three parts. Above the rock and surrounded by the forest is the large complex of the Sanctuary which, within its massive and articulated architecture, holds numerous treasures of spirituality, art, culture and history. In the summer of 1224, St. Francis withdrew to Mount La Verna for his usual periods of silence and prayer.

During his stay he asked God to be able to participate with all his being in the Passion of Christ, a mystery of love and pain. The Lord listened to him and appeared to him in the form of a crucified seraph, leaving him the seals of his passion as a gift. Francis thus became even outwardly an image of Christ to whom he already resembled so much in heart and life. The event of the stigmata and the example of life are the most precious good that Francis hands over to the friars of La Verna. The demanding legacy of St. Francis, as well as involving each friar personally, also becomes



the main message that the community wishes to convey to all those who visit La Verna. Continuation to the vault of Pieve Santo Stefano. Transfer to Pietralunga, hotel accommodation, dinner and overnight.

Day 3: PIETRALUNGA – GUBBIO We continue our journey in the Franciscan places of Umbria, from the marvelous city of Gubbio, whose history is closely linked to that of San Francesco. According to what is narrated in chapter XXI of the little flowers, it is right here, near the church of the Madonna della Vittoria, known as the church of the Vittorina, that San Francesco miraculously managed to tame a ferocious wolf that had been terrorizing the inhabitants for some time. Guided tour of the city and free time for lunch. Arrival, hotel accommodation, dinner and overnight.



Day 4: GUBBIO – BISCINA Breakfast and meeting with the guide, departure for Biscina. Halfway between Assisi and Gubbio stands the castle of Biscina. The 12th century Biscina Castle, together with the surrounding castles of Giomici, Vallgenio, Petroia and Coccorano, was one of the strategic control points of the ancient road and of the river Chiascio, which flows at the foot of the hill. The castle is included in the "Franciscan Path" which will internally connect Assisi to Gubbio, so as to allow the rediscovery of minor aedicules and forgotten sheep tracks. Accommodation, dinner and overnight.



Day 5: BISCINA – VALFABBRICA From Biscina, a long descent begins with ups and downs that takes us to Valfabbrica, on the border between Gubbio and Assisi. It is said that St. Francis stopped several times in Valfabbrica and therefore should be considered an important stop for the pilgrim. We continue along the Via di San Francesco, also known as the Path of Peace, for a stop in the medieval center of Valfabbrica. Here we find the Church of San Sebastiano dating back to the 14th century, renovated in the 16th century by the confraternities of the Santissimo Sacramento and della Buona morte, and, just outside the walls, the 17th-century church of the Madonna della Foce. Accommodation, dinner at the hotel and overnight.



Day 6: VALFABBRICA – ASSISI From Valfabbrica there are two paths that lead to Assisi: a longer path that passes through the woods and another, defined as shorter, but very difficult and tiring. Either one or the other, the fact is that you will have to overcome the hill and then see the magical town of Assisi on the horizon.



Day 7: ASSISI - ARRIVEDERCI!

Day dedicated to the discovery of Assisi, the Franciscan place par excellence, not only in Umbria and Italy, but throughout the world. In fact, St. Francis was born in Assisi in 1182; in the place where his birthplace is believed to have been located, today stands the New Church. It is in Assisi that he is baptized, in the Cathedral of San Rufino, it is in the alleys of him that he spends his youth dreaming of a future as a valiant knight; it is here, where today is the Church of Santa Maria Maggiore, in Piazza del Vescovado, that strips itself repudiating earthly goods for love of God and brothers. It is still in Assisi, in the Church of San Damiano, that praying in front of the crucifix, he receives the task of renewing the Church of Christ; it is in the town square that he begins his preaching and his work of charity and peace, and it is finally here that he dies in 1226. His remains are kept in the Basilica of San Francesco, but the saint still lives today in every stone of Assisi. We stroll through the enchanting alleys of him and visit the Franciscan places. Lunch at a local restaurant.



After Assisi, a visit to Santa Maria Degli Angeli cannot be missed. Inside the Basilica of Santa Maria degli Angeli, at the foot of Assisi, there is the "Porziuncola", a small church restored by San Francesco in which in 1209 the saint founded the Order of Friars Minor, entrusting it to the protection of the Virgin Mary. The Porziuncola is the heart of Franciscanism, the place where Francis discusses the "Rule" of the order with his friars and seeks new life for preaching the Gospel in the world. In the complex of the Basilica, the courtyard of the roses is also kept. According to sources, one night Francis, seized by doubt and temptation, rolled among the brambles of the Rose Garden to test himself and not give in to what could have separated him from God and his mission. Upon contact with the saint's skin, the roses changed into thornless roses, giving rise to the "Rosa Canina Assisiensis", which since then continues to bloom only at the Porziuncola.



Excursion type: Multi-day guided religious tour | **Location:** From La Verna – Assisi | **Duration:** 6 nights / 7 days

Meeting point: Chiusi di La Verna (AR)

Period of execution: From April 1 to October 31, every day – subject to availability

Requirements: suitable for hikers (minimum preparation) | **Minimum participants:** 2 adults

Services included:

- 6 nights' accommodation in 3* Hotels / Farmhouses with breakfast included: 1 night in La Verna, 1 night in Pietralunga, 1 night in Gubbio, 1 night in Valfabbrica, 1 night near Biscina, 1 night in Assisi;
- Accommodation in double / twin room (or other type depending on the group);
- Guide's accommodation in a single room;
- 5/6 dinners depending on the arrival time of the pilgrims;
- 6 lunch boxes for each stage;
- Excursions and visits as scheduled (entrance fees to museums and other places of interest included);
- Guided tour of Assisi with private tour guide;
- Tour guide for the entire route with overnight stay (in English, Italian, Spanish or other languages on request);
- Luggage transport service from one hotel to another;
- Transfer in case of reduced physical capacity of pilgrims during the journey to cover distances;
- Visit program and itinerary;

Not included: Tips, extra transfers and anything not mentioned under "services included".

INDIVIDUAL PARTICIPATION FEES

- **Minimum of 2 adults:** € 1,709.00 per person
- **Minimum of 4 adults:** € 1,589.00 per person
- **Minimum of 6 adults:** € 1,479.00 per person
- **Groups of 7 - 10 adults:** € 1,419.00 per person

EXTRAS: Transfer service the first and last day of the tour: **quote upon request**



NOTES:

- *Excursions and Day Trips* are carried out in English or Italian; other languages available on request (prices may increase).
- **4-seat Mercedes-Benz car** with Italian/English speaking chauffeur on request.
- **7-seat Mercedes-Benz minivan** with Italian/English speaking chauffeur on request.
- **Private transfers** in vintage cars with Italian/English speaking chauffeur on request.
- Transfers by sports car (Ferrari, Porsche, Lamborghini, and similar) with Italian/English speaking chauffeur on request.

DAYTRIPS CAN BE MODIFIED OR COMPOSED ACCORDING TO THE CUSTOMER'S NEEDS.